

- General anxiety
- Phobias
- Self-esteem issues
- Relationship concerns
- General adjustment issues
- Academic problems
- Anxiety and mood disorders
- Gender and identity issues
- Cultural adjustment
- Family conflicts

Psychoeducational Programs

The clinical staff of the Student Counseling Center serve as psychoeducators to the University community. Practicum students are given the opportunity to assist in the psychoeducational workshops and presentations. These programs are designed to enhance the social, academic and emotional well-being of our students.

Eligibility

Practicum students selected to participate in Florida International University, Student Counseling Center Clinical Practicum Program need to be in good standing with their respective academic institutions. Prior clinical experience is strongly preferred.

The Student Counseling Center only trains practicum students from institutions who have established contractual agreements with the Student Counseling Center.

The Student Counseling Center reserves the right to interview and select the most appropriate candidates for the positions available.

For further information contact the Clinical Training Director at your academic graduate program.

Florida International University
Student Counseling Center
Practicum Clinical Program
 University Park,
 Graham Center 211
 Miami, Florida 33199



Florida International University

Student Counseling Center Clinical Practicum Program

305/348-2434

INTRODUCTION

Florida International University is an urban multicultural/multiethnic academic institution with more than 28,000 students.

The Student Counseling Center is a department within the Division of Student Affairs. The Center's goal is to support the University's educational mission by enhancing the emotional and social development of students. The Student Counseling Center trains future psychologists and mental health counselors; it is a practicum site for several major university graduate programs. The Clinical Practicum Program offers practicum students the opportunity to work with diverse populations.

The Clinical Practicum Program's training philosophy emphasizes treatment within the matrix of cultural differences. Throughout the practicum experience, practicum students explore psychological problems within the context of the client's ethnic and cultural background.

All professional activities and services are governed by Florida State Statutes and adhere to the American Psychological Association-Ethical Principles and Code of Conduct.

LOCATION AND FEES

The Student Counseling Center offices are located in the University Park Campus and the North Campus. Services are funded by the Student Health fee.

FACILITIES

The Center provides private and fully furnished offices to the practicum students. Video taping and viewing equipment are also available.

CLINICAL STAFF

The Professional staff are therapists licensed to practice in the state of Florida. Their backgrounds are diverse and include a wide spectrum of theoretical and psychotherapeutic approaches.

SERVICES

- Psychological Evaluation
- Crisis Intervention
- Individual, couple and group psychotherapy
- Biofeedback Training
- Neuropsychological-Psychological assessment
- Consultation
- Referral Services

TREATMENT APPROACH

The Center offers time-limited, focused psychotherapy. Treatment plans are individualized to reflect the cultural and developmental needs of the students.

TRAINING PROGRAM

All practicum students are well integrated into the Student Counseling Center's daily activities. Through their active participation in the available services and programs, they acquire various clinical skills, familiarity with the functioning of a University Student Counseling Center and exposure to the needs of a college student population.

Orientation

The Friday following Labor Day weekend is devoted to orientation activities. The practicum students are familiarized with the Student Counseling Center's philosophy, mission, goals, policies and procedures. They are introduced to the staff and their supervisors. Expectations and responsibilities are thoroughly outlined.

Clinical Practicum Seminar

The Clinical Practicum Seminar is an integral part of the clinical training. Conferences are offered on a weekly basis and attendance is required. The Student Counseling Center's professional staff, FIU faculty and community mental health professionals conduct these seminars to enrich the practicum students' theoretical knowledge and to facilitate discussions regarding

ethical, legal and clinical issues. Topics include multicultural issues, couples therapy, crisis intervention, biofeedback training, eating disorders, brief psychotherapy, chemical dependency, issues of identity, the therapeutic relationship, diversity, rape treatment and post traumatic stress disorders. The practicum students select the seminar topics for the Spring and Summer semesters based on their specific interests.

Clinical Supervision

Clinical supervision is tailored to the practicum student's needs and level of experience. Assignments are based on the requirements of the academic institutions as well as the individual interests of practicum students.

Students have the unique opportunity to work with two supervisors during the entire academic year. A minimum of two hours per week of individual supervision is provided.

Individual supervision entails thorough discussion of diagnosis, exploration of case dynamics and formulation of a treatment plan. Review of audio/videotapes and direct observation of practicum student's clinical skills are required training experiences.

Group supervision is offered once a month. This supervisory format encourages peer and professional staff feedback. Diverse perspectives are valued and appreciated. Practicum students get to know each other, interact with the professional staff and expand their clinical experience.

Direct Services

Practicum students invest a minimum of 60% of their time in direct clinical services. A licensed psychologist is on site during hours when clients are scheduled. They are exposed to various psychological problems ranging from developmental issues to severe characterological disorders. Problems addressed include, but are not limited to: