

August 26, 1983
Volume 18, Issue No. 29

RELIGIOUS SERVICE, Friday, August 26, 1983, 8:15 p.m.

RABBI HERBERT BAUMGARD

"HOW TO RECOVER FROM A VACATION"

CONGREGATIONAL TORAH SERVICE, Sat., August 27, 1983, 11:15 a.m.

Beth Am Commentator

Postmaster: Send change of address to:
Temple Beth Am, 5950 North Kendall Drive, Miami, Florida 33156

Young Family League Meets Wednesday, August 24th at 8:00 P.M.

Following a successful preliminary meeting in June, the Young Family League of Beth Am will meet on Wednesday, August 24th at 8:00 p.m., in room 101 of the Learning Center. Rabbi Baumgard will be present.

The League will be planning its first Fall program. All young families are welcome to get in on the ground floor. Twenty-five families have joined this early in the game.

The Temple intends to make this program a point of emphasis and Rabbi Baumgard will be its advisor.

Refreshments will be served.

S'Lichot Service Saturday, September 3rd

Al Leibert, our entertainment director, is happy to announce a special program for S'Lichot of Jewish humor and Jewish songs. This program will start at 10:00 PM in our Youth Lounge on Saturday, September 3rd. The entertainment will be followed by our S'Lichot service conducted by Rabbi Herbert Baumgard.

5th / 6th - 7th / 8th Grade Cotillion Starts Sept. 25

Registration for Junior and Senior Cotillion is now open. Cotillion will begin on Sunday evening, Sept. 25th, from 5:00-6:30 p.m. for Juniors (5th and 6th) and from 7:00-8:30 p.m. for Seniors (7th and 8th) in the Temple Gym and will continue for 8 sessions. The cost per child is \$70 for Temple members. All parents are requested to attend the first and last night Sessions.

Boys must wear coats and ties, and girls must wear skirts or dresses. No jeans or tennis shoes will be allowed. The class will be directed by the nationally known Teresa Thames. Miss Thames has an outstanding reputation for teaching social etiquette and basic dance.

Please mark your calendar for these dates: September 25th, October 2, 9, 16, 23, 30, November 6, 13. Parents will be expected to chaperone one evening when called upon. A chairperson is needed for each group. This person must attend each week to see that things are running smoothly, one for the early class and one for the late class. If you are interested, please contact Teddi Segal at 667-5172.

Registration must be accompanied by check for \$70 made payable to Temple Beth Am. No phone reservations will be accepted. Mail to: Cotillion. Temple Beth Am, 5950 N. Kendall Dr. 33156.

Child's Name: _____

Parents' first name: _____

Address _____ Zip _____ Phone _____

Check one: Boy Girl Grade: (5) (6) (7) (8)

Run In
To Register
For Membership
It's Later
Than You Think



- Day School starts - Mon., August 29th
- S'Lichot Services - Sat., September 3rd
- Labor Day Holiday - Mon., September 5th
- Rosh Hashanah starts - Wed., evening, September 7th
- Religious School starts - Sat., September 10th
Sun., September 11th
- Hebrew School starts - Mon., September 12th
- Monday Night School starts - Mon., September 12th

High Holiday Admission Cards
Will Be Mailed
to Registered Members August 29th



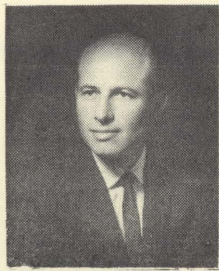
The Committee of 100

The following new member families has volunteered to join "The Committee of 100: for the new year:

Lawrence and Jane Cohen
Bernard and Estelle Lash
Jack and Evelyn Miller
Melvin and Carolyn Rappaport
Fred and Kay Sherman
Marc and Wendy Skorman

The following members of "The Committee of 100" have rejoined for the fiscal year starting in July:

An Anonymous Family
Irwin and Helene Adler
Stephen and Marlin Arky
Joe and Roberta Berkan
Robert and Barbara Gittleman
Henry and Frances Glick
Sam and Anne Gold
Eleazer and Ronni Greenstein
Bart Ketover
Shepard and Bernita King
Norman and Lea Kronacher
Martin and Judy Liebling
Herbert and Anita Margolis
Bernard Silverstein
Elaine Silverstein
Harvey and Rona Simovitch



FROM THE RABBI'S STUDY

Recovering from a Vacation

Most of us desperately begin our vacation with the hope that we will be able to unload our burdens and recharge our batteries. Some few of us accomplish that. Most of us dig a deeper rut for ourselves even while we are on vacation. We are so set in our routines, so intense in our pacing of everything that we do, that we get little rest and relief while we are "away". The truth is that most of us do not get "away", even if we change our location. We carry our problems and abusive habits with us.

Most of us come back from a vacation exhausted, hoping to get some relief from our "playing" at home, only to fall into our old routines which demand too much of us.

In modern times, we are accustomed to think of vacations as those fairly lengthy periods when we escape from our regular pursuits. Actually, after a few days away we are already thinking about coming home where we have normal comforts, and we don't have to worry about where we are going to dine next. Still a change is good, if only to give us a more objective understanding of our home situation. What seemed to be horrible before we ran away seems to be something we can handle, as we look upon it from a distance.

I think vacations are of tremendous importance, but I think you have to train for them, prepare for them. For thousands of years, Jews mastered the art of going on vacation - at home and weekly. For our ancestors, vacation was not related to travel. They travelled enough from country to country fleeing before threatened and actual pogroms. What they wanted was not to travel, but to settle down, so they did their vacationing at home--every Shabbat.

We in modern times also have a seventh day of the week, but we don't have a Shabbat. We don't know how to vacation at home. We only know how to vacation thousands of miles away, rushing from one activity to another. For our ancestors, the Shabbat was a total retreat from the pressure of everyday life, it was an entirely different pace.

In essence the Shabbat is a rehearsal of the ideal world; it is a serious attempt to act out the perfect society - no quarreling, no rushing, no competing with your neighbor (or loved one) for advantage, no acquiring of material wealth. The Shabbat was a time for asking forgiveness for wrongs done, for granting forgiveness to wrong-doers.

The Shabbat was a time for loving (husband and wife were encouraged to have sexual intercourse as a "mitzvah"). It was a time for singing, for rehearsing the joyous nature of what the world might be like. It was a time for study, for discussing ethical lessons in the Bible and Talmud. It was a time for developing one's spiritual self.

Because the Shabbat came regularly, once every seventh day, it was the best kind of vacation. One didn't have to wait endlessly for it. One didn't have to try to cram multiple activities into it. One observed it leisurely, as if it were a normal part of one's existence.

Our ancestors were smarter than we. We could learn something from them about what a vacation ought to be like.

Post-Confirmation Young People Meet Mon., Aug. 29th

Eleventh graders who were confirmed last June will gather together on Monday night, August 29th at 7:30 p.m. in the Youth Lounge. They will be joined by Senior students also. This will be an informal evening for the renewing of friendships. Announcements will be made by leaders of our post-confirmation Monday night study program.

The Young Family League

A new organization within Beth Am for young marrieds or families with younger children form social and other purposes. Meet with young people your age (to 40 years) to enjoy each other's company, to plan programs of mutual satisfaction.

Rabbi Baumgard believes this to be one of our most important groups, and he will serve as its advisor. To join please fill out the following:

Rabbi Herbert Baumgard, 5950 N. Kendall Drive, Miami, FL 33156

Please include us in the Young Family League.

Names _____
(please print)

Address _____

Phone _____

Sylvia Weisberg Elected As Sisterhood President



Sylvia Weisberg, newly elected President of our Sisterhood was born in Buenos Aires, Argentina and came to this country as a child. She is married to Michael Weisberg who serves as a Vice President of our Congregation and is the mother of three children, Richard, Stephanie and Steven.

In 1981 Sylvia received a degree in Hospital Administration and is continuing her education in the field of accounting.

Her children have attended our Day School and her eldest son Richard is being confirmed this year.

Ira Pozen Elected As Brotherhood President



Ira Pozen, a most active member of Beth Am has been elected President of the Brotherhood for the forthcoming year, 1983-84. Ira, who was born in Detroit but raised in Florida, is a graduate of Emory University and the University of Florida Law School. He has been married to the former Carol Michaels for the past 16 years and is the father of 3 Beth Amites.

Ira is a Vice President of the Temple, and he has served as Chairman of the Havurah Committee, the Carnival Committee and the Minyan Committee. He was just chosen West Kendall Citizen of the Month.

B'Nai Mitzvah

Saturday, August 27

11:15 a.m.



Adam, son of
Mr. and Mrs. Phillip Goldstein



Michele, daughter of
Mrs. Lauren Yelvington
and
Mr. Charles Barry Rubin