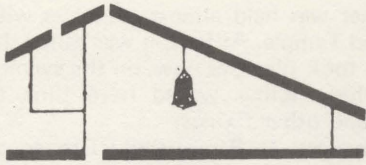


NOVEMBER 14, 1975  
MIAMI, FLORIDA



# Beth Am COMMENTATOR

## Night For Israel

December 6 Honors

### Phil And Muriel Revitz



Two of our most distinguished congregants, Philip and Muriel Revitz, have been designated by the State of Israel to receive the highly coveted David Ben-Gurion Award for their exceptional devotion and service in advancing Israel's progress and welfare through the economic development programs made possible with the aid of State of Israel Bonds.

The presentation will be made at the Temple Beth Am "Night for Israel" program, to be held Saturday evening, December 6, to help raise life-building, life-giving pledges to help our brethren in Israel.

According to Fred Stone, chairman, this year's version will feature an evening in Israel, when the synagogue is turned into a kibbutz complete with special Israeli gourmet supper, wine, dancing and songfest, embellished by a unique slide-show presentation adding a special effect to what will be the winter highlight of the calendar.

## Gun Control Discussed At Breakfast Sunday, November 16 At 9:30 A. M.

One of the more explosive issues in Congress is the need for better gun control laws. The Florida legislature will also be discussing this vital issue next April. The Brotherhood has arranged for a debate between two leading exponents of the positive and negative side of the volatile question on the need for better gun control laws at the next Brotherhood Sunday morning breakfast forum on November 16, at 9:30 a.m., in the Youth Lounge. Participants will be Rep. Tony Fontana of Hialeah, for stronger laws, and Dr. N.R. Aronson of Pensacola, against any further laws. Circuit Court Judge Ira Dubitsky will be the moderator. Admission is \$1.00 for Brotherhood members and \$1.50 for non-members. We would like to see the ladies there also.

## Chanukah Comes Early

Light the first candle, Friday, November 28

Candle Light Service at Temple Friday, December 5

Chanukah Music Festival by Choir, Friday, December 12

Purchase your candles and gifts at the Judaica Shop

## A Joyous Chanukah Sisterhood Workshop On November 19

There is still time to call in reservations and join the Sisterhood bunch for a fun-filled morning starting at 9:30 a.m., in the Social Hall, on Wednesday, November 19. Call in reservations to Barbara Sacks, 238-9825, Leslie Silverman, 271-0959, or the Temple office, 667-5587. Cost is a nominal \$3.

The Chanukah workshop is a tradition at Beth Am. It's fun; it's community; and, in addition, there will be a mouth watering brunch.

This is a BYOS affair (bring your own scissors). Susan Cook will instruct on the construction of simple holiday decorations for your home. Everyone will join Joan Schwartz in cooking Chanukah delicacies. Harriet Potlock will lead us in Chanukah songs. Enjoy the sights, sounds and tastes of the Chanukah season with Sisterhood.

## The Kendall Exchange

ISRAELI NIGHT - FRIDAY, NOVEMBER 14

LISTEN TO ISRAELI FOLK SONGS

DANCE TO ISRAELI ROCK

LEARN ISRAELI FOLK DANCING

EAT ISRAELI FOOD

9:30 P.M. IN THE YOUTH LOUNGE

OPEN TO HIGH SCHOOL STUDENTS

FRIDAY, NOVEMBER 14  
8:30 p.m.

## RELIGIOUS SERVICES

Adult Choir will perform  
Selma Baumgard, Choirmaster

RABBI BAUMGARD  
A BOOK REVIEW

## 'Humboldt's Gift'

By Saul Bellow



SATURDAY, NOVEMBER 15  
9:15 and 11:15 a.m.

TORAH SERVICE





## A Moment Of Renewal

(Part Two)

Last week, we talked about the growing need in our time for moments of rest and renewal. The chaotic pace of our lives demands that we find ways to regroup our strength, both physically and spiritually.

The popularity of techniques like Transcendental Meditation, which is a kind of self-hypnosis, is the result of efforts to find moments of rest and renewal. Such techniques (TM is only one of such techniques, most of which follow similar procedures, using different words and phrases) are frequently successful, but only for short periods of time. They don't solve any basic problems; they don't give us a new outlook on life; they simply permit us to jump back into the chaotic stream once more to thrash around a little longer.

The real problem is deeper and demands a more thoroughgoing solution. That answer is to be found only in a philosophy of life that gives us a goal (not merely techniques), that gives us inspiration as well as rest, that gives us a cause as well as relief. If this philosophy also joins us to a heroic group which has for thousands of years striven valiantly to give meaning to the human dilemma, then it is all the more precious.

I am speaking of Judaism, that way of life so completely ignored by most Jews in modern times. Let us begin our consideration of what Judaism has to offer with an analysis of its "moment of rest," the Sabbath. First of all, we see that our "moment" is much more than a moment. While the idea of the Shabbat can be condensed to a technique spanning only a few minutes a day (like TM), its greater effectiveness lies precisely in the fact that it spans 24 hours. Our life is so hectic today that we need a total kind of withdrawal which endures over a long period of time. Our frequent resort to vacation is an indication that we recognize this need, but we usually return from a vacation unrested, and on edge. We usually need a vacation when we return from vacation. That's because it is not pragmatically oriented as the Sabbath celebration is planned.

### HOW IS THE SABBATH DIFFERENT?

The Sabbath is different from the usual vacation in several regards. First of all, it comes regularly, once a week. It is a vacation you must take in order to benefit most from what it has to teach. Since it comes regularly, you are compelled to withdraw from the dictates of your normal business. Like the discipline of a diet, the discipline of Sabbath observance forces you to help yourself. The only question is whether you will submit yourself to this discipline.

The Sabbath is different from other rest procedures because it works on the mind as well as on the body. It works on the emotions as well as on the intellect. It works on the individual and, at the same time, it brings him closer to his family, to his intimate family, to the Jewish family, and to mankind.

How does the Sabbath do all this? Through the following procedures:

1. The ritual of change (ushering in the new spirit) — the candle lighting, the Kiddush, the Sabbath meal.
2. The moment of group linkage (service attendance on Friday night or Saturday morning or both) — this features both individual and group prayer.
3. The study period (either alone or with a group in which the deeper meaning of life is explored and relived).
4. The moment of diversion — this can be sleep, a visit to a nature reserve, or even athletic participation (depending on the

(Continued at bottom of adjacent column)

## Parent-Child Dinner November 26

The first time this dinner was held almost coincides with the beginning of our beloved Temple. At first, it was called the "Father-Child Dinner" and took place, as now, on the evening before Thanksgiving so that mother would have time to prepare the family turkey and other fixings.

Soon, the name was changed to Parent-Child Dinner, so that more of you could enjoy the fun, the food, the prizes. Now, we have to restrict the attendance to 300, the capacity of our Social Hall.

So that you can be sure to be one of the 300 who will, at 6:00 p.m., on Wednesday, November 26, be present, it is suggested you call the Temple office, 667-5587, at once. Every child present will receive a gift, and there will be several prizes, one of which will be a bicycle. And, of course, there will be entertainment.

Admission to this wonderful evening is \$1.75 for each adult and \$1.25 for each child. Make your reservations as soon as you can.

### CALLING ALL 8th GRADE BOYS AND GIRLS

To the first meeting of the new eighth grade youth group, Sunday, November 16, at 12:00 noon. Bring a sandwich and your ideas for fun. For information, call Bev Rosen, 235-6263.

### Library Hours In Effect

Monday	1:30 to 5:30; Monday evenings during school hours
Tuesday	1:00 to 5:00
Wednesday	9:30 to 12:30; 1:30 to 5:30
Thursday	1:00 to 5:00; 2nd and 4th Thursday evenings 7:30 to 9:00 p.m.
Friday	1:00 to 5:00
Saturday	8:30 to 12:00
Sunday	9:00 to 12:30

## B'nai Mitzvah

Saturday, November 15

9:15 a.m.

11:15 a.m.



David, son of  
Mr. and Mrs.  
Malcolm Friedman



Andrew, son of  
Mr. and Mrs.  
Maurice Noble



Lawrence, son of  
Mr. and Mrs.  
Peter Moser



Melissa, daughter of  
Dr. and Mrs.  
Ronald Tikofsky

individual's tendency and need).

5. The moment of dedication — this is the period ending the Sabbath when one does that kind of soul-searching and sets that frame of mind which hopefully will endure the rest of the week.

We will continue to discuss these specifics in future columns as we demonstrate in detail why the Sabbath idea is as revolutionary today as it ever was.