

**National
Bureau of
Analysis
IV**

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

M.F. Carl G. Fisher Date Jan. 3, 1937 Report No. 30421


CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.023
4. Reaction Acid 5. Albumin Absent 6. Sugar Absent
7. Urea 1.5% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts Present 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25. Epithelial Cells { SQUAMOUS SPINDLE RENAL } Few Squamous
Other Products None

REMARKS:

| COMPARISON WITH LAST REPORT | |
|---|---------------------------------|
|  | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UNCHANGED |
| | CONDITION LESS FAVORABLE |

The chemical examination of your specimen gave normal results.

Under the microscope we found one Hyaline Cast.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

D. Holmes M.D.
Medical Director.



Phone CENTRAL 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager
A. R. JOHNSTONE, M. D.
Medical Director

January
Fifth,
1937.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Your specimen just examined shows considerable improvement over that of December 1, 1936, that is, 10 grains of Sugar to the ounce as against 16 $\frac{6}{7}$ grains to the ounce in December. There is no trace of Albumin, no Casts or Red Blood Cells. The Urea Content is still low.

You should by all means cut the Sugar down very far below the present level. If you cannot do it on a good balanced subsistence diet with your present amount of insulin then it will be wise to increase the insulin cautiously and gradually until you do clear up at least to the point where you were in October. It is only by constant watchfulness that you may keep this under control and I hope that in this way you can get your Sugar down to where it ought to be.

Dr. Johnstone is at home ill and I am taking his place for a few days.

Yours very truly,

Geo. L. Wells M.D.

JLW:HH
30421

January 6, 1937.

National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

Gentlemen:-

If the container sent you recently by
Mr. Fisher has not been received, it no doubt has
gone astray and it would be well for you to send
him another container immediately.

Yours very truly,

Secretary to Mr. Fisher.



Phone CENtral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. E. LEAHY
Manager
A. R. JOHNSTONE, M. D.
Medical Director

January
Thirteenth,
1937.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen shows Sugar present to the extent of 3.92% or 18 ²/₃ grains to the ounce as against 10 grains found on January 2nd.

Dr. Johnstone is still not well enough to come back to work and is probably going to require a considerable period of rest before doing so.

I have examined all of your reports and correspondence with Dr. Johnstone since 1929 and have seen fluctuation in urinary sugar from time to time and the very splendid advice that Dr. Johnstone has given you about keeping it under control.

I notice that some time ago the doctor recommended to you a very splendid book on diabetes written in plain english style which would help you greatly. This book is written by Dr. Wm. Sansum and is published by Harper Bros. It is a small book which can be carried in your pocket but it is full of gems and wisdom which will prove of greatest benefit to you.

In view of the trouble and discomfort that you have had of denying yourself foods in proper amounts it would not seem wise for you to go further in this respect but until this condition clears up you should increase the dose of Insulin as Dr. Johnstone has fully instructed you from time to time.

On July 4th of last year Dr. Johnstone wrote you that he would like very much to have you go to some Laboratory for complete blood examination including blood sugar estimation and all other blood tests. If you could have this done I am sure that the doctor would appreciate it. In the meantime you cannot go on a starvation diet and you are sufficiently acquainted with



Phone CENTRAL 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager
A. R. JOHNSTONE, M. D.
Medical Director

January
Thirteenth,
1937.

Mr. Carl G. Fisher, #2.

the use of Insulin to gradually increase it to a point that would give you the subsistence diet and at the same time could be comparatively sugar free.

The single Hyaline Cast found in your specimen is of no significance.

This examination is the last on your present subscription. We will send a container, however, at the regular time for your convenience should you decide to continue the service. We hope you will continue that you may have the guidance that our reports give you in the preservation of your health.

Yours very truly,

A. R. Johnstone *J. L. Hill, M.D.*
Medical Director.

JLW:MD
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher Date Jan. 13, 1937 Report No. 30421

CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.028
4. Reaction Acid 5. Albumin Absent 6. Sugar Present
7. Urea 1.5% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts Present 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25. Epithelial Cells

| |
|------------------------------|
| SQUAMOUS SPINDLE RENAL |
|------------------------------|

Few Squamous
Other Products None

REMARKS:

| COMPARISON WITH LAST REPORT | |
|-----------------------------|---------------------------------|
| | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UNCHANGED |
| | CONDITION LESS FAVORABLE |

The chemical examination of your specimen showed Sugar, 18 2/3 grains to the ounce equal to 3.92%.

Under the microscope we found one Hyaline Cast.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

W. R. Johnson
Medical Director.

January 26, 1937.

J. L. Wells, M. D.,
National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

My dear Doctor Wells:-

Thanks for your letter of the 13th.

I have been laid up part of the time with the flu but I am out and around again today.

I wish Dr. Johnstone could have been down here in December, but it wouldn't hurt him to come down the latter part of March. That time of the year the weather usually is terrible around Chicago, but I will have a nice sunshiny room for him here in March.

At any rate, give him my regards, and I want to thank you for all the time and trouble put in for me; and I am enclosing herewith a check for \$25.00 for the coming year's service.

Yours very truly,

CGF:AVM
Enclosure

CARL G. FISHER.

January 26, 1937.

National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

Attention: J. L. Wells, M. D.

Gentlemen:-

Mr. Carl G. Fisher has referred to the writer for issuance of check for \$25.00, your letter of January 13th, wherein you advise that with the issuance of the report which accompanied your letter of January 13th, that this was the last on his present subscription.

Our office records do not agree with your record, for we find that on March 14, 1936, we forwarded you a check for \$25.00 which paid one year's subscription for monthly service from March 5, 1936, to March 5, 1937; your invoice being dated March 10, 1936.

While we are enclosing check for \$25.00, for continuation of service for one year, we think it covers from March 5, 1937, to March 5, 1938, and pays for twelve monthly examinations.

Please advise, addressing your letter to the attention of the writer, and oblige,

Yours very truly,

FRH:AVM
Enclosure

F. R. Humpage.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager
A. R. JOHNSTONE, M. D.
Medical Director

*Copy
2/6/37*

February
Third,
1937.

Mr. F. R. Humpage,
Miami Beach, Florida.

Dear Mr. Humpage:

We render service according to the number of examinations a subscriber receives regardless of annual date. In other words the annual date is mostly for our convenience and is sometimes confusing to the subscriber.

Mr. Fisher had two reports in January, one January 5th and another January 13th so that instead of his subscription expiring in February and March being the first examination on a new year his subscription expired January 13th and his February report will be the first on a new year.

We thank you for sending in the check which will entitle Mr. Fisher to twelve examinations regardless of date.

Yours very truly,

NATIONAL BUREAU OF ANALYSIS,

M. B. Leahy,
Manager.

MBL/SS
30421

February 6, 1937.

National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

Attention M. B. Leahy, Manager.

Gentlemen:-

The writer is in receipt of your letter of February 3rd, in answer to his communication regarding your charges for services rendered Mr. Carl G. Fisher.

Regardless of what you may say as to your intention, the fact remains that your invoice very specifically states that the sum paid is for the period beginning as of a certain date and ending as of a certain date, and you send the receptacles for use by the subscriber. Therefore, the subscriber has every reason to assume that your service is for the period as stated in your invoice. If the service for which payment is made is for twelve examinations only, then the invoice should so state.

Yours very truly,

FRH:AVM

F. R. Humpage.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. B. LEAHY *Manager*
A. R. JOHNSTONE, M. D. *Medical Director*

February
Tenth,
1937.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

It is with the deepest regret that we inform you that Dr. Johnstone passed away on January 24th.

It would have been a wonderful thing for Dr. Johnstone to spend some time in Miami Beach as I have been there myself and realize what a real treat it would be for anyone living in this cold climate.

As I have been associated with Dr. Johnstone for the past 15 years I am carrying on in his place and I hope I can be of as much future service to you as Dr. Johnstone has been in the past.

Yours very truly,

Medical Director.

RHF:HS

February 22, 1937.

Dr. R. H. Freeark,
National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

My dear Doctor Freeark:-

I have your letters of recent date and first I want to say how much I regret to know of the death of Dr. Johnstone. I think he has given me more than usual attention in the last three or four years and I do appreciate it.

I have had the flu myself for the last month and I know how disagreeable that can be.

I hope you will get down this way some of these day and look over our wonderful country.

Yours very truly,

CGF:AVM

CARL G. FISHER.

1814-1819 Bankers Bldg.
S. W. Cor. Adams & Clark Sts.
Chicago, Illinois



Mr. Carl G. Fisher,
Miami Beach,
Florida.

An Ounce of Prevention Is Worth a Pound of Cure

. . . **NO ONE** would think of arguing that sound preventive measures are not worth while. But how many people give no thought to their health until it is gone?

. . . *At Least Once Every Three Months*
You should have a Periodical Examination. Urinalysis reveals hidden tendencies that lead to serious trouble if not corrected. In their early stages most chronic diseases are easily corrected.

THE MAILING CONTAINER SENT YOU ON

March 4, 1937.

Returned on

3/23/37.

HAS NOT BEEN RETURNED

Will you kindly advise us on attached card if same was received. A prompt reply will be appreciated.

NATIONAL BUREAU OF ANALYSIS.

(DETACH HERE)



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager
A. R. JOHNSTONE, M. D.
Medical Director

March
Thirtieth,
1937.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen shows a marked upturn in the amount of Sugar as your February report showed none. This again calls your attention to the necessity of keeping a constant watch on your diet and the condition of the urine and blood as to sugar content. The high Specific Gravity goes with the Sugar and therefore is of no moment. The microscopical examination is normal.

Yours very truly,

Medical Director.

BH:HS
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

M.F. Carl G. Fisher Date March 30, 1937 Report No. 30421

CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.030
4. Reaction Acid 5. Albumin Absent 6. Sugar Present
7. Urea 1.5% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts None 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25. Epithelial Cells { SQUAMOUS SPINDLE RENAL } Few Squamous
Other Products None

REMARKS:

| | |
|-------------------------------------|---------------------------------|
| COMPARISON WITH LAST REPORT | |
| <input type="checkbox"/> | CONDITION IMPROVED |
| <input type="checkbox"/> | CONDITION PRACTICALLY UNCHANGED |
| <input checked="" type="checkbox"/> | CONDITION LESS FAVORABLE |

The chemical examination of your specimen showed Sugar, 15 grains to the ounce equal to 3.14% with high Specific Gravity.

The microscopical examination was normal.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

E. G. SOULE
Founder
M. H. HAMILTON
President
M. S. LEAHY
Manager
A. R. JOHNSTONE, M. D.
Medical Director

May
Seventeenth,
1937.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

We are very pleased to report that your present specimen shows only a trace of Sugar which is a marked improvement over the March examination but inasmuch as in addition to the high Specific Gravity there is an Acidity of 98 degrees with the finding of Uric Acid Crystals under the microscope in a way you can be still further congratulated as the finding of the high Acidity and Uric Acid Crystals would tend to indicate that you had not imbibed as much fluid as is your usual custom and therefore the urine was distinctly concentrated when it would be expected that the Sugar would show in considerable quantity if present. It might be well for you to make an endeavor to drink a given amount of water per 24 hours such as from a quart to two quarts and then the urinary examinations would be more satisfactory as to the sugar content. When the blood has a high sugar content you are thirsty and this thirst reminds you to drink freely while when the sugar content diminishes this thirst is absent and if you are not making a point to take the same amount of water constantly in a day the present findings will ensue.

Yours very truly,

Medical Director.

BH:HS
30421



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. G. LEAHY
Manager
A. R. JOHNSTONE, M. D.
Medical Director

Phone CENTral 5240

May
Twenty-
Second,
1937.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen is not as good as the last one showing $5 \frac{1}{3}$ grains of Sugar to the ounce equal to 1.12%. The Acidity is very satisfactory as well as the Specific Gravity. There is a low Urea Content but this is a purely dietary result.

It is hoped that you will continue to be watchful of your diet.

Yours very truly,

Medical Director.

BH:HS
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher Date May 22, 1937 Report No. 30421




CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Straw 3. Specific Gravity 1.015
4. Reaction Acid 5. Albumin Absent 6. Sugar Present
7. Urea 0.5% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts None 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25 Epithelial Cells { SQUAMOUS SPINDLE RENAL } Few squamous
Other Products None

REMARKS:

| | |
|---|---------------------------------|
| COMPARISON WITH LAST REPORT | |
|  | CONDITION IMPROVED |
|  | CONDITION PRACTICALLY UNCHANGED |
|  | CONDITION LESS FAVORABLE |

The chemical examination of your specimen showed Sugar, 5 1/3 grains to the ounce equal to 1.12%, with low Urea content.

The microscopical examination was normal.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.



NATIONAL BUREAU OF ANALYSIS

RANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager

Phone CENTral 5240

July
Fourteenth,
1937.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

I am sorry to have to report that your present specimen showed the largest amount of Sugar that you have passed since July 1936 at which time there was $27 \frac{4}{5}$ grains to the ounce equal to 5.83%. The present specimen contains $25 \frac{1}{4}$ grains to the ounce equal to 5.50% associated, of course, with the high Specific Gravity that usually accompanies the Sugar. In addition there is a low Urea Content which indicates that you have not eaten as freely of the proteins and fat foods as it is likely that you should have. Under the microscope the findings are very satisfactory showing only one Hyaline Cast which, of course is not important.

It is again urged that you be more careful in the selection of food.

Yours very truly,

B. Holmes M.D.

Medical Director.

BH:HS
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

M. R. Carl G. Fisher Date July 14, 1937 Report No. 30421


CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Straw 3. Specific Gravity 1.033
4. Reaction acid 5. Albumin Absent 6. Sugar Present
7. Urea 1% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts Present 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25 Epithelial Cells { SQUAMOUS SPINDLE } Few Squamous
RENAL }
Other Products None

REMARKS:

| | |
|---|---------------------------------|
| COMPARISON WITH LAST REPORT | |
| | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UNCHANGED |
|  | CONDITION LESS FAVORABLE |

The chemical examination of your specimen showed Sugar, 25 $\frac{1}{2}$ grains to the ounce equal to 5.50% with high Specific Gravity and low Urea Content.

Under the microscope we found one Hyaline Cast.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.

July 19, 1937.

Dr. B. Holmes,
Medical Director,
National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

My dear Doctor Holmes:-

I have yours of July 14th with the report.

I don't know what is the trouble with my diet, but I will flop back to some more fats and proteins. However, I haven't felt as well in the last three years as I do now, and have felt very well for the last three weeks. I got in a jam here not long ago and had to go to the hospital for one night, and took a couple of high colonics, which were really wonderful, and they straightened me out, and now I feel wonderful.

I don't have any cramps or pains in my legs or my hands, and all the pains in my back have disappeared; but I do have a great deal of trouble in getting sleep. I cannot possibly sleep more than a couple of hours, and when I get up in the morning, I feel very tired, but after being up a couple of hours I seem to be in good shape, and I am holding my weight very well.

However, I will get on to those proteins and I will write you again after I hear from you again.

Yours very truly,

CGF:AVM

CARL G. FISHER.

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

M.R. Carl G. Fisher Date Aug. 12, 1937 Report No. 30421


CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.032
4. Reaction acid 5. Albumin Absent 6. Sugar Present
7. Urea 1.5% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts None 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25 Epithelial Cells { SQUAMOUS SPINDLE RENAL } Few Squamous
Other Products None

REMARKS:

| COMPARISON WITH LAST REPORT | |
|---|----------------------------------|
|  | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UN-CHANGED |
| | CONDITION LESS FAVORABLE |

The chemical examination of your specimen showed high Specific Gravity and Sugar, 10 1/3 grains to the ounce equal to 2.17%.

The microscopical examination was normal.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.

August 23, 1937.

Dr. B. Holmes,
National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

Dear Doctor Holmes:-

Thanks for your cheerful letter of the 13th.

I guess I am doing about as well as can be expected. There are a lot of things about the use of Insulin that I do not believe is generally known by the average physician - in fact, I know it is not understood by a lot of them.

I wish we had in Miami what you have in Chicago, - that hourly service on high colonics. My little visit to the hospital cost me fifty dollars, with a lot of pounding around and taking blood pressure, urine analysis, etc. - all of which did not do a bit of good. The high colonics got the real results.

I notice you are having it rather warm in Chicago as compared with Miami Beach. I am sending you a little thermometer for your desk; so, if you cannot tell how hot it is from the perspiration that runs out of your socks and shoes, you can look at this thermometer and get the real "dope".

Yours,

GGF:AVM

CARL G. FISHER.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager

Phone CENTral 5240

August
Thirty-
First,
1937.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

I am very glad to receive your letter of August 23rd and have also just been handed the thermometer. It comes on a very good day as the temperature here in the office is very close to 100.

I think it should not be difficult for you to obtain the rubber tube and connections that are used in kidney colonic flushings and have someone in your household train to use them and thus obviate the necessity of having a nurse. Many people are able to take these flushings themselves.

Hoping you are enjoying reasonably good health.

Yours very truly,

B. Holmes M.D.
Medical Director.

BH:MD
30421



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager

Phone CENTral 5240

November
Fifteenth,
1937.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Examination of this specimen should be very gratifying to you as it shows in the first place an absence of Sugar and in the second place a perfect Specific Gravity with a low Urea Content.

I hope that this dietary discretion on your part is not working a distinct hardship and that as it would appear you are continuing to keep the intestinal tract in good order.

Yours very truly,

B. Holmes M.D.
Medical Director.

BH:MD
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher Date Nov. 15, 1937 Report No. 30421


CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Straw 3. Specific Gravity 1.016
4. Reaction Acid 5. Albumin Absent 6. Sugar Absent
7. Urea 0.8% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts None 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25. Epithelial Cells { SQUAMOUS SPINDLE } Few Squamous
Other Products None

REMARKS:

| | |
|---|---------------------------------|
| COMPARISON WITH LAST REPORT | |
|  | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UNCHANGED |
| | CONDITION LESS FAVORABLE |

The chemical examination of your specimen showed low Urea Content.

The microscopical examination was normal.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. B. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

Phone CENTral 5240

December
Twenty-
Ninth,
1937.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

You are to be congratulated over the marked improvement that has been found in the examinations we have made for you in the last three months. No Sugar has been found since September when it was found in small amount and the Specific Gravity and Acidity have been normal. The Urea Content has been low. The finding of the many Leucocytes in the present specimen is of no significance whatever as it indicates only a trivial irritation.

I hope that the coming year will be one of comfort and happiness.

Yours very truly,

B. Holmes M.D.

Medical Director.

BH:MD
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

M. F. Carl G. Fisher Date Dec. 29, 1937 Report No. 30421

CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.015
4. Reaction Acid 5. Albumin Absent 6. Sugar Absent
7. Urea 0.6% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts None 17. Blood None 18. Leucocytes Many
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25 Epithelial Cells { SQUAMOUS SPINDLE } Few Squamous
Other Products None { RENAL }

REMARKS:

| | |
|-----------------------------|---------------------------------|
| COMPARISON WITH LAST REPORT | |
| | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UNCHANGED |
| Slightly | CONDITION LESS FAVORABLE |

The chemical examination of your specimen showed low Urea Content.

Under the microscope we found many Leucocytes.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. B. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

Phone CENTral 5240

1/31/38
Rudolph Fydell

January
Third,
1938.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

The examination of your specimen is still more satisfactory than the one of a few days ago as it continues to show an absence of Sugar. The Urea Content is at the exact average normal and no increase in Leucocytes was found. The one Hyaline Cast noted is of the most trivial significance.

Yours very truly,

B. Holmes M.D.

Medical Director.

BH:HS
30421

Carl G. Fisher

Jan. 6, 1938.

E. Holmes, M. D.,
Medical Director,
National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

Dear Doctor Holmes:-

I have yours of the 3rd.

Since I am practically free of sugar,
is it necessary for me to take 15 points of Insulin twice
a day?

Yours very truly,

CARL G. FISHER.

CGF:AVM



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. E. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

Phone CENTRAL 5240

January
Eleventh,
1938.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

As you probably realize it is unwise, unethical and might be dangerous for me at this distance to make any suggestions regarding the dosage of Insulin. I can say, however, that so long as you keep within instant reach of a lump of sugar or piece of hard candy it is safer to continue the regular dose that you are taking until you have an Insulin reaction when, of course, the dose is to be somewhat diminished. You have no doubt been instructed that an Insulin reaction is shown by a feeling of general weakness coming on suddenly with a breaking out in perspiration and usually a feeling of nervousness. If any of these symptoms develop all that it is necessary to do is to immediately place a lump of sugar in your mouth or suck the juice of an orange when the symptoms will disappear in ten to fifteen minutes. For the present I would suggest your continuing your present dosage as you are doing so well under it.

Yours very truly,

B. Holmes M.D.

Medical Director.

BH:HS



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. B. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

February
Tenth,
1938.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Your specimens have been Sugar free since the September examination. This indicates that you have found the proper insulin dosage and at the same time are being watchful as to your food intake. When one realizes that during the past year your specimens previous to September constantly showed Sugar and usually in a large amount I think that you are to be congratulated. Aside from the Sugar your specimens have shown no other evidence of any abnormal condition. An occasional Hyaline Cast or many Leucocytes are not considered important.

This report completes the service on your present subscription but we will send a container at the regular time and if you are desirous of continuing the service just send in your specimen and we will enclose our invoice for the annual dues with that report.

Yours very truly,

Medical Director.

BH:HS
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher Date Feb. 10, 1938 Report No. 30421

CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.020
4. Reaction Acid 5. Albumin Absent 6. Sugar Absent
7. Urea 1.5% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal


MICROSCOPICAL EXAMINATION

16. Casts One Hyaline 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25 Epithelial Cells

| | | |
|---|------------------------------|---|
| { | SQUAMOUS SPINDLE RENAL | } |
|---|------------------------------|---|

Few Squamous
Other Products None

REMARKS:

| COMPARISON WITH LAST REPORT | |
|--|--|
| | CONDITION IMPROVED |
|  | CONDITION PRACTI- CALLY UN- CHANGED |
| | CONDITION LESS FAVORABLE |

The chemical examination of your specimen gave normal results.

Under the microscope we found one Hyaline Cast.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.

Feb. 15, 1958.

National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

Attention: B. Holmes, Medical Director.

My dear Doctor Holmes:-

I have yours of the 10th, and I am enclosing my
check for \$25.00, in payment for twelve examinations for
the coming year.

I thank you a lot for your interest in my troubles.

Yours very truly,

CGF:AVM
Enclosure

CARL G. FISHER.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. B. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

Phone CENTRAL 5240

February
Twenty-
Third,
1938.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

I am glad to say that your specimen is again
Sugar free.

I do not think that the finding of the trace
of Albumin need cause you any anxiety whatsoever as
in the first place there is only a very small amount
of it and in the second place you have not shown in
the past nor in this specimen evidence of any kidney
irritation. When Albumin is found without large num-
bers of Casts it is almost always due to slight bladder
irritation or possibly to eating some concentrated
protein foods such as the white of eggs.

Yours very truly,

B. Holmes M.D.

Medical Director.

BH:HS
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher Date Feb. 25, 1936 Report No. 30421

CHEMICAL EXAMINATION


1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.024
4. Reaction Acid 5. Albumin Trace 6. Sugar Absent
7. Urea 1.5% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts None Found 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25. Epithelial Cells { SQUAMOUS SPINDLE RENAL } Few Squamous
Other Products None

REMARKS:

| | |
|-----------------------------|---------------------------------|
| COMPARISON WITH LAST REPORT | |
| | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UNCHANGED |
| Slightly | CONDITION LESS FAVORABLE |



The chemical examination of your specimen showed a trace of Albumin.

The microscopical examination was normal.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

D. Holmes M.D.
Medical Director.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. E. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

May
Fourth,
1938.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Although this specimen shows a trace of Sugar I do not feel at all anxious about it as I know that you are making every effort and most successfully to control your diabetic tendency. Undoubtedly this specimen was passed shortly after your having indulged in some single article of food which contained a higher percentage of sugar than you realized.

The fact that under the microscope there were found several Hyaline Casts would suggest that you had indulged in some article of food or drink which was temporarily irritating to the kidney. I do not feel that they bear any importance.

There is no evidence of any bladder irritation.

Yours very truly,

B. Holmes M.D.

Medical Director.

BH:HS
30421



Phone CENTRAL 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. B. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

May
Seventeenth,
1938.

Mr. Carl G. Fisher,
Miami Beach, Florida.

Dear Mr. Fisher:

Your present specimen is again Sugar free. The two Granular and few Hyaline Casts found under the microscope suggest that you had possibly eaten or drunk something that was slightly irritating to the kidney giving rise to these findings. Certain vegetables especially cauliflower and asparagus will produce such an irritation. This is not considered an evidence of any diseased condition.

You appear to be controlling the Sugar condition most satisfactory.

Yours very truly,

B. Holmes M.D.

Medical Director.

BH:MD
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher Date May 17, 1958 Report No. 30421


CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.018
4. Reaction Acid 5. Albumin Absent 6. Sugar Absent
7. Urea 1.6% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts Present 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25. Epithelial Cells { SQUAMOUS SPINDLE } Few Squamous
RENAL
Other Products None

REMARKS:

| | |
|---|---------------------------------|
| COMPARISON WITH LAST REPORT | |
|  | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UNCHANGED |
| | CONDITION LESS FAVORABLE |

The chemical examination of your specimen gave normal results.

Under the microscope we found two Granular and a few Hyaline Casts.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

B. Holmes R. D.
Medical Director.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. S. LEAHY *Manager*
S. HOLMES, M.D. *Medical Director*

June
Twenty-
Second,
1938.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Report on your present specimen shows normal findings except for a few Hyaline Casts.

I am pleased to see that your present specimen is also Sugar free and there were no Granular Casts which is also a big improvement.

Yours very truly,

Medical Director.

BH:MD
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher Date June 22, 1938 Report No. 30421


CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.018
4. Reaction Acid 5. Albumin Absent 6. Sugar Absent
7. Urea 1.8% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts Present 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25 Epithelial Cells { SQUAMOUS SPINDLE } Few Squamous
RENAL
Other Products None

REMARKS:

| COMPARISON WITH LAST REPORT | |
|---|---------------------------------|
|  | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UNCHANGED |
| | CONDITION LESS FAVORABLE |

Chemical examination of your specimen gave normal results.

Under the microscope we found a few Hyaline Casts.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

B. Holmes, M.D.
Medical Director.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. B. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

July
Twentieth,
1938.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Report on your present specimen shows three
Hyaline Casts but no other fault.

Your last specimens have been very favorable
and I hope you are feeling as well as these findings
would indicate.

Yours very truly,

Medical Director.

BH:HS
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

M. R. Carl G. Fisher Date July 20, 1928 Report No. 30421


CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.021
4. Reaction Acid 5. Albumin Absent 6. Sugar Absent
7. Urea 1.5% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts Present 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25. Epithelial Cells { SQUAMOUS SPINDLE RENAL } Few Squamous
Other Products None

REMARKS:

| COMPARISON WITH LAST REPORT | |
|---|---------------------------------|
|  | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UNCHANGED |
| | CONDITION LESS FAVORABLE |

The chemical examination of your specimen gave normal results.

Under the microscope we found three Hyaline Casts.

This report certified as correct by NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.

Sept. 21, 1936.

National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

Gentlemen:-

I wish to make application for your service to be rendered to Mr. F. R. Humpage, of Paganoor, Silver Street, North Wilbraham, Mass.

Please send the containers once a month to Mr. Humpage at the address given above, and send the bill to me at Miami Beach, Florida.

Yours very truly,

CGF:AVH

GARL G. FISHER.



Phone CENTRAL 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. B. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

September
Twenty-
Eighth,
1938.

Mr. Carl G. Fisher,
Miami Beach, Florida.

Dear Mr. Fisher:

We thank you for authorizing the enrollment of Mr. Frederic R. Humpage for service in our Bureau. We have written to Mr. Humpage and have mailed a container for his specimen.

Thanking you for your continued patronage and your kind cooperation in securing new members for us, we are

Yours very sincerely,

NATIONAL BUREAU OF ANALYSIS,

M. B. Leahy

Manager.

MBL/SS
30421



Phone Central 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. B. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

October
Thirteenth,
1938.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Inasmuch as I have had no occasion to write you because of such favorable findings in your reports I think it is about time you heard from me. Your condition from a point of view of a urinalysis is certainly wonderful. I only wish that many people could go over your records and see what can be done by one who makes a determined effort to help himself.

We are having some of your Miami weather here in Chicago but unfortunately it was not during the World Series or the result might have been different.

Yours very truly,

B. Holmes M.D.
Medical Director.

BH:MD
20421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

M. r. Carl G. Fisher Date Oct. 13, 1938 Report No. 30421

CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.028
4. Reaction Acid 5. Albumin Absent 6. Sugar Absent
7. Urea 2.1% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal


MICROSCOPICAL EXAMINATION

16. Casts None 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25. Epithelial Cells

| | |
|------------------------------|-----------------------|
| SQUAMOUS SPINDLE RENAL | } <u>Few Squamous</u> |
|------------------------------|-----------------------|

Other Products None

REMARKS:

| COMPARISON WITH LAST REPORT | |
|--|---------------------------------|
| | CONDITION IMPROVED |
|  | CONDITION PRACTICALLY UNCHANGED |
| | CONDITION LESS FAVORABLE |

Our examination of your specimen gave normal results in every respect.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.

October 26, 1938.

Dr. B. Holmes,
Medical Director,
National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

Dear Doctor Holmes:-

I am glad of your interest in me, as shown by your letter of the 18th.

I feel pretty good, outside of the tappings which I now have to take every six days. I then lose about 19 pounds of fluids.

I am as hungry as a horse all the time, and also thirsty, but I feel very well except when the weight in my stomach commences to get above 15 pounds.

The Doctors here don't offer any suggestions or any hope for a treatment of the liver, and I suppose it is just one of those things that I will have to accept. I don't see why the chemical examination you make, however, doesn't show something wrong with my liver.

It is a terrible job to regulate my diet. I don't dare go into a butcher shop where there is raw beef on exhibition, and I believe I would jump out a second-story window any time for an old fashioned dish of ham and eggs.

However, if you have never had this trouble, I am wasting time talking to you about it.

If you get down here this winter, I hope you will drop in and see me. I will show you where to catch a fish.

My regards.

Yours very truly,

CGF:AVH

CARL G. FISHER.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder

M. H. HAMILTON
President

M. S. LEAHY
Manager

B. HOLMES, M.D.
Medical Director

November
Sixteenth,
1938.

Mr. Carl G. Fisher,
Miami Beach, Florida.

Dear Mr. Fisher:

This specimen continues to be fairly satisfactory but as you will notice is highly concentrated. You may have been perspiring more freely but it is more likely that you have not been drinking sufficiently of water. This concentration is shown by a very high Specific Gravity. When the urine is as concentrated as this one the Acidity and Urea Content are, of course, elevated. The one Hyaline Cast found under the microscope may be due to irritation of the kidney from the acrid urine. Sugar continues to be absent.

Yours very truly,

B. Holmes M.D.
Medical Director.

BH:MD
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

M. F. Carl G. Fisher Date **Nov. 16, 1938** Report No. **30421**

CHEMICAL EXAMINATION

1. Transparency **Clear** 2. Color **Amber** 3. Specific Gravity **1.033**
 4. Reaction **Sharply Acid** 5. Albumin **Absent** 6. Sugar **Absent**
 7. Urea **2.9%** 8. Amorphous Urates **Normal** 9. Indican **Normal**
 10. Sulphates **Normal** 11. Bile Pigments **Absent** 12. Mucin **Normal**
 13. Phosphates **Normal** 14. Acetone **Normal** 15. Diacetic Acid **Absent**
 Other Ingredients **Normal**

MICROSCOPICAL EXAMINATION

16. Casts **Present** 17. Blood **None** 18. Leucocytes **Few**
 19. Pus Cells **None** 20. Crystals **None**
 21. Spermatozoa **None** 22. Cylindroids **None** 23. Bacteria **None**
 24. Mucus **Normal** 25 Epithelial Cells { SQUAMOUS
SPINDLE
RENAL } **Few Squamous**
 Other Products **None**

REMARKS:

COMPARISON
WITH LAST
REPORT

CONDITION
IMPROVED

CONDITION
PRACTI-
CALLY UN-
CHANGED

Slightly CONDITION
LESS
FAVORABLE



The chemical examination of your specimen showed high Specific Gravity, sharp Acidity registering 79 degrees (normal 30 to 50 degrees) and high Urea Content.

Under the microscope we found one Hyaline Cast.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.

November 23, 1938.

National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

Gentlemen:-

Enclosed herewith please find my check in the amount of \$30.00, in payment of invoice rendered under date of September 27th for like amount, as subscription for monthly Stay-Well Service for one year for Frederic R. Humpage.

Yours very truly,

CGF:AVM
Enclosure

CARL G. FISHER.

P.S.--You have been sending a specimen bottle to Mr. Humpage at North Wilbraham, Mass. As he is now here at Miami Beach, please change his address and any further correspondence or specimen bottles which you mail out, forward to him in care of the Carl G. Fisher Corporation, Miami Beach, Florida.

C. G. F.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager
B. HOLMES, M.D.
Medical Director

December
Twenty-
First,
1938.

Mr. Carl G. Fisher,
Miami Beach, Florida.

Dear Mr. Fisher:

Your present specimen shows a trace of Sugar a finding which is not at all surprising when you consider that in addition the urine showed a very high Specific Gravity, an exceedingly high Acidity, a Urea Content at the upper limit of the normal range and Uric Acid Crystals. Sugar has not been found in any of the specimens we have examined for you since May 4th. You have been doing exceedingly well since May but I notice that your specimen submitted last month showed a high Specific Gravity and Acidity with in addition a high Urea Content. I hope that you are not becoming careless as regards your eating habits. I realize that you are constantly submitted to temptations especially when dining out. The results of this examination are evidently due to a single indiscretion on your part which you did not counteract by slightly increasing your previous Insulin injection. However, I see no reason for anxiety from these findings.

Wishing you a Happy and Healthful New Year,
I remain

Very truly yours,

B. Holmes M.D.

Medical Director.

BH:MD
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

M.R. Carl G. Fisher Date Dec. 21, 1938 Report No. 30421

CHEMICAL EXAMINATION

1. Transparency Cloudy 2. Color Amber 3. Specific Gravity 1.032
4. Reaction Sharply Acid 5. Albumin Absent 6. Sugar Trace
7. Urea 2.5% 8. Amorphous Urates Excess 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts Present 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals Uric Acid
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25. Epithelial Cells

| |
|----------|
| SQUAMOUS |
| SPINDLE |
| RENAL |

Few Squamous
Other Products None

REMARKS:

| COMPARISON WITH LAST REPORT | |
|-------------------------------------|---------------------------------|
| <input type="checkbox"/> | CONDITION IMPROVED |
| <input type="checkbox"/> | CONDITION PRACTICALLY UNCHANGED |
| <input checked="" type="checkbox"/> | CONDITION LESS FAVORABLE |

Chemical examination of your specimen showed a trace of Sugar with high Specific Gravity, sharp Acidity registering 110 degrees (normal 30 to 50 degrees) and an excess of Urates (causing cloudiness).

Under the microscope we found two Hyaline Casts and Uric Acid Crystals.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. B. LEAHY *Manager*
B. HOLMES, M. D. *Medical Director*

January
Eighteenth,
1939.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen shows a trace of Sugar with a Specific Gravity at the upper limit of the normal range. However, the Urea Content is normal and there is no other evidence of over-eating.

It would appear that you have either relaxed in your eating habits or your dose of Insulin should be slightly increased.

It is interesting to note the marked improvement that has appeared in your specimens during this year. Comparing them with previous years I think the fact that Sugar has been found only three times and at no time in more than a trace should be very gratifying to you.

We are continuing to have unusually mild winter weather here in Chicago. I may possibly call you on the telephone should I get to Miami this winter.

This report is the last on your contract but we will send a container at the regular time and we hope we may have the pleasure of a continuance of your patronage. The invoice for the renewal dues will be enclosed with the next report.

Yours very truly,

B. Holmes M.D.

BH:HS

Medical Director.

Jan. 22, 1938.

B. Holmes, Medical Director,
National Bureau of Analysis,
105 West Adams Street,
Chicago, Illinois.

Dear Doctor Holmes:-

Thank you for your letter of the 18th.

If you get down here, I would like very much to have you meet my physician, who is interested in your reports.

Fortunately, he is one physician who thinks he cannot go out in the kitchen and make the same reports that I receive from you. I have had to knock the ears down of several physicians, when I have asked them to report on the things that you report on. Some of them blush to hear apoplexy.

If you do come down, of course I expect you will have time to perhaps try to catch a fish - or did you ever catch a fish? Most of the Doctors that I come in contact think it is great fun to go fishing, but make no real attempt to catch a fish - and I don't blame them. There is a lot of fun in watching other people try to catch fish, but I would rather eat them than catch them.

If you belong to the latter class, I will furnish you with a fellow to go with you to try and catch a fish, and let you carry the string - if you catch any.

Yours very truly,

GGF:AVM

CARL G. FISHER.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager
S. HOLMES, M.D.
Medical Director

March
Twenty-
Third,
1939.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen shows a trace of Sugar but has a more satisfactory Specific Gravity than the examination made in January. The Urea Content is slightly above the average and it is therefore likely that you had eaten a little more heartily in total amount of food than you have been doing recently. Your Insulin dosage, if your physician agrees with me, might be increased by one or two units a dose.

I am very sorry that I was unable to get down to Miami Beach and call on you. I remained at St. Petersburg finding the climate there very excellent and being nicely situated.

Yours very truly,

Medical Director.

BH:HS
30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher Date April 18, 1959 Report No. 50421


CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.026
 4. Reaction Acid 5. Albumin Absent 6. Sugar Absent
 7. Urea 2.2% 8. Amorphous Urates Normal 9. Indican Normal
 10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
 13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
 Other Ingredients Normal

MICROSCOPICAL EXAMINATION

16. Casts None 17. Blood None 18. Leucocytes Few
 19. Pus Cells None 20. Crystals None
 21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
 24. Mucus Normal 25. Epithelial Cells Few Squamous
{ SQUAMOUS SPINDLE RENAL }
 Other Products None

REMARKS:

| | |
|---|---------------------------------|
| COMPARISON WITH LAST REPORT | |
|  | CONDITION IMPROVED |
| | CONDITION PRACTICALLY UNCHANGED |
| | CONDITION LESS FAVORABLE |

Both the chemical and microscopical examinations of your specimen showed normal conditions. No Sugar was found.

This report certified as correct by
 NATIONAL BUREAU OF ANALYSIS

D. Holmes
 Medical Director.



Phone CENTral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
M. S. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

May
Seventeenth,
1939.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

This specimen continues to show an absence of Sugar and has a most satisfactory Specific Gravity and Urea Content which indicates that your present regime is resulting in most favorable urinary findings. Certainly the two Hyaline Casts would not be considered of any significance in your case.

Yours very truly,

Frank plane Rtr
23rd Last time
B. Holmes M.D.

Medical Director.

BH:HS
30421



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE *Founder*
M. H. HAMILTON *President*
N. B. LEAHY *Manager*
B. HOLMES, M.D. *Medical Director*

Phone CENTRAL 5240

June
Fourteenth,
1939.

Mr. Carl G. Fisher,
Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen I would consider very satisfactory indeed and I again congratulate you on the recent favorable findings. I would like, however, to call your attention to the fact that as compared with the May 17th examination there is a slightly higher Specific Gravity and Urea Content which might indicate that you are eating more in total amount of food and calories. The Insulin is, however, still continuing to keep down the blood sugar. Be assured that the two Hyaline Casts and many Leucocytes are of trivial significance.

Yours very truly,

B. Holmes M.D.

Medical Director.

BH:HS
30421

James Butler

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher Date June 14, 1939 Report No. 30421

CHEMICAL EXAMINATION

1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.027
4. Reaction Acid 5. Albumin Absent 6. Sugar Absent
7. Urea 2.5% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal




MICROSCOPICAL EXAMINATION

16. Casts Present 17. Blood None 18. Leucocytes Many
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25 Epithelial Cells

| |
|----------|
| SQUAMOUS |
| SPINDLE |
| RENAL |

Few Squamous
Other Products None

REMARKS:

| | |
|--|---------------------------------|
| COMPARISON WITH LAST REPORT | |
|  | CONDITION IMPROVED |
|  | CONDITION PRACTICALLY UNCHANGED |
|  | CONDITION LESS FAVORABLE |

The chemical examination of your specimen gave normal results.

Under the microscope we found two Hyaline Casts and many Leucocytes.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

B. Holmes M.D.
Medical Director.