National Bureau of Analysis III

January 2, 1935.

National Bureau of Analysis, 105 West Adams Street, Chicago, Illinois.

Gentlemen:-

In checking over Mr. Fisher's personal accounts, etc., I find that under date of December 27, 1934, he wrote and asked you to enter his name as subscriber for twice a month service.

Under date of March 26, 1934, I find that we remitted you for one year's monthly service, which I assume paid up to March of this year; in which event the new service referred to in Mr. Fisher's letter of December 27th would not start until the expiration of his present subscription.

Will you kindly advise on what date his present subscription expires and whether it is on a monthly basis, and if on a monthly basis, what the extra cost will be for twice a month service as requested by Mr. Fisher in his letter of December the 27th.

Please address your communication to the writer, and oblige,

Yours very truly,

FRH: AVM

F. R. Humpage.



Phone STAte 8825

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
Provident

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director 1/9/3 v

January Fourth, 1935.

Mr. Carl G. Fisher, Miami Beach, Florida.

Dear Mr. Fisher:

We have arranged to send containers to you twice a month as requested.

Your date for the monthly service is the twentieth so we will send containers on the fifth and twentieth of each month until further notice. There are three examinations left on your monthly contract so we will allow a credit of \$6.25 to apply on the contract of twenty-four examinations a year which leaves a difference of \$41.75.

We hope this more frequent checkup will enable you to watch your condition more closely.

With best wishes for a happy and prosperous new year, we are

Yours very sincerely,

NATIONAL BUREAU OF ANALYSIS,

M. B. Leahy

MBL/SS 30421 January 9, 1935.

National Bureau of Analysis, 105 West Adams Street, Chicago, Illinois.

Gentlemen:-

Enclosed herewith please find check for \$41.75. in payment of semi-monthly service to be rendered to Mr. Carl G. Fisher at Miami Beach, Fla., as per your invoice of January 4th, which accompanied your letter of January 4, 1935.

Please see that Mr. Fisher's account is credited with the enclosed remittance.

Yours very truly,

FRH:AVM Enclosure F. R. Humpage.



Phone STAte 8825

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

M. B. LEAHY

Manager

A. R. JOHNSTONE, M. D. Medical Director

January Fourteenth, 1935.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed 35 5/7 grains of Sugar to the ounce with quite high Specific Gravity and slightly low Urea Content. This condition again calls for Insulin taken regularly and in moderately large doses, at least 10 units twice a day.

Yours very truly,

It Studlove

Medical Director.

Mr. Carl G.	fisher		Date Jan	. 14, 19	35 Rep	ort No	30421
4		CHEMICAL	EXAMINA	MOITA			No.
I. Transparency	Clear	2. Color	Am	ber	3. Spe	ecific Gravit	y 1.040
4. Reaction	Acid	5. Albumii	A	bsent	6. Sugar_	P	resent
7. Urea 1.	% 8. Amo	rphous Urates	Norma	9. 1	indican	No.	ormal
10. Sulphates	Normal	11. Bile Pign	nentsA	bsent 12	2. Mucin	No	rmal
13. Phosphates	Normal	14. Acc	etone No	rmal15	Diacetic	AcidA	bsent
Other Ingredients	Normal						************************
	М	ICROSCOPICA	AL EXAM	NATION			
16. Casts							
19. Pus Cells	None		20. C	rystals		None	
21. Spermatozoa	None	22. Cyl	indroids	None	23.	Bacteria	None
24. Mucus							
Other Products				(NEN	,		
		REM	IARKS:				

WITH	ARISON LAST ORT
	CONDITION IMPROVED
	CONDITION PRACTI- CALLY UN- CHANGED
TO THE	CONDITION LESS FAVORABLE

The chemical examination of your specimen showed high Specific Gravity, Sugar 35 5/7 grains to the ounce equal to 7.50% and low Urea Content.

The microscopical examination was normal.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

M.D. Duedsue.



Phone STAte 8825

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON
President

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> February Second, 1935.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed a faint trace of Albumin, a trace of Sugar, somewhat low Urea Content, three Hyaline Casts and many Leucocytes. This is much better than your specimen for January because of the great decrease in Sugar.

The trace of Albumin is not important. It does not mean disease of the kidneys.

The low Urea Content is due to eating sparingly of rich foods of all kinds and it is not important.

The three Hyaline Casts are due to some simple irritation. They do not mean disease and the many Leucocytes are probably due to some simple irritation.

This specimen is distinctly better than your last specimen.

Yours very truly,

Medical Director.

Mr. Carl G. Fisher	Date Feb. 2, 1935	Report No
	CHEMICAL EXAMINATION	
1. Transparency Clear	2. Color Straw	3. Specific Gravity 1.014
4. Reaction Acid	5. Albumin Faint Trace 6.	Sugar Trace
7. Urea 0.8% 8. Am	orphous Urates Normal 9. Indi	ican Normal
10. Sulphates Normal	11. Bile Pigments Absent 12. 1	Mucin Normal
13. Phosphates Normal	14. Acetone Normal 15. D	Piacetic Acid Absent
Other Ingredients Nor	mal	
N	MICROSCOPICAL EXAMINATION	
16. Casts Present	17. Blood None	8. Leucocytes Many
19. Pus Cells None	20. Crystals	None
21. Spermatozoa None	22. Cylindroids None	23. Bacteria None
24. Mucus Normal	25 Epithelial Cells SQUAMC SPINDLE RENAL	Few Squemous
Other Products None		
	REMARKS:	

COMPARISON
WITH LAST
REPORT

CONDITION
IMPROVED

CONDITION
PRACTICALLY UN.
CHANGED

CONDITION
LESS
FAVORABLE

Chemical examination of your specimen showed a faint trace of Albumin, a trace of Sugar and low Urea Content.

Under the microscope we found three Hyaline Casts and many Leucocytes.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . IOS WEST ADAMS STREET . CHICAGO

Phone STAte 8825

F. G. SOULE

M. H. HAMILTON

President
M. B. LEAHY

Manager
A. R. JOHNSTONE, M. D.

Medical Director

March Fourth, 1935.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed a decided increase in the quantity of Sugar, 19 grains to the ounce or 4%, with corresponding high Specific Gravity and somewhat low Urea Content.

The low Urea Content is not important but the Sugar should be reduced by the use of Insulin and continuing to watch your diet.

I think you have proven definitely that the use of Insulin in proper doses is beneficial and I believe that you ought to continue it and keep the quantity of Sugar down or absent entirely as you did a good part of the year ending March 1934.

This is the twelfth and last report on your present subscription but a renewal payment will not be due until March 20th. We will send a container at that time for your first examination on a new year and hope we may have the pleasure of a continuance of your patronage.

Yours very truly,

Medical Director.

ARJ: HH

A CONVENIENT HEALTH-PROTECTING SERVICE FOR BUSY PEOPLE

		CHEMICAL EXA	MINATION		
. Transparency	Clear	_ 2. Color	Amber	3. Speci	fic Gravity 1.0
. Reaction	Acid	5. Albumin	Absent	6. Sugar	Present
7. Urea 0.9%	8. Amor	hous Urates	Normal9.	Indican	Norme 1
10. Sulphates No.	rmal 1	1. Bile Pigments	Absent 1	2. Mucin	Normal
13. Phosphates No.	rmal	14. Acetone	Normal 1	. Diacetic A	cid Absent
Other Ingredients	Normal				
			YAMINATION		
	міс	ROSCOPICAL EX			
16. Casts None F	міс	ROSCOPICAL EX		18. Leuco	ocytes Few
	MIC ound1	ROSCOPICAL EX	None		ocytes Few
19. Pus Cells	MIC ound 1	ROSCOPICAL EX	None		
19. Pus Cells	ound 1. Non e	ROSCOPICAL EX	None 20. Crystals ds None	23. Ba	None octeria None
19. Pus Cells	MIC Ound I None None Normal	7. Blood	None 20. Crystals ds. None thelial Cells { SQI REI	23. Ba JAMOUS NDLE	None

COMPA WITH REP	LAST
	CONDITION
	CONDITION PRACTI-
	CHANGED
	CONDITION LESS FAYORABLE

The chemical examination of your specimen showed high Specific Gravity, Sugar, 19 grains to the ounce equal to 4%, and low Urea Content.

The microscopical examination was normal.

This report certified as correct by NATIONAL BUREAU OF ANALYSIS

TOP Taiolow

Medical Director.

March 8, 1935.

Dr. A. R. Johnstone, Mational Bureau of Analysis, 105 West Adams Street, Chicago, Illinois.

Dear Dr. Johnstone:-

I have yours of the 4th, and contents noted.

I have been breaking over, in using sugar, on account of very extreme hunger. I think I have been able, in the last few days, to overcome this sleeplessness and hunger, and I shall, of course, continue to send you specimens twice a month. We sent you check on January the 9th for \$41.75, in payment of the semi-monthly service to be rendered me for one year from that date.

The more I have been in touch with Doctors, the more I realize that they do not know just what to do, except through experiment with each patient, and this is rather tedious. I have a very good Doctor here who is trying to co-operate, but he finds me a difficult patient.

I haven't been able to get out of bed in the morning for the past week in less than three hours' effort, together with hot water, because of the severe pains in my back. I have been unable to sleep without eating a considerable quantity of sweet cookies, and also taking anatol, and even then I get only one or two hours' sleep.

Last night, I ate a very large portion of chop suey and had two drinks of Scotch. I was up at 6 o'clock this morning, after six hours of sleep, and without any pain at all, and feel as well as I ever have felt in my life and equal to ten hours' work in the office. How, you can figure this out any way you like, but I am going to keep up this procedure for a few days and let you check up.

I again invite you down to spend a few days here. I have a nice little boat and I can send you fishing. I have an automobile and a driver for you to use; and you can have a lot of fun, and you can bring your wife and a couple of friends with you. It is all right with me. Just come along. I feel you have been very patient and have given me a lot of good advice.

Yours very truly,



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING

105 WEST ADAMS STREET . CHICAGO

Phone STAte 8825

F. G. SOULE M. H. HAMILTON M. B. LEAHY A. R. JOHNSTONE, M. D. Medical Director

> March Ninth. 1935.

Mr. Carl G. Fisher. Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed 3 2/3 grains of Sugar to the ounce with high Specific Gravity and many Leucocytes. This is a great improvement over your previous specimen because of the reduction in the amount of Sugar.

The high Specific Gravity can be reduced by drinking freely of water.

The many Leucocytes are of no importance and do not call for attention.

Yours very truly,

Medical Director.

Mr. Carl G.	Fisher	Date March 9,	1935 Report No30	1421
	CHEM	ICAL EXAMINATION		1.0
1. Transparency	Clear 2. C	olor Amber	3. Specific Gra	vity_1.032
4. Reaction	Ac1d5. A	lbumin Absent	6. Sugar	resent
7. Urea 1.99	8. Amorphous U	Jrates Normal 9	Indican	Normal
10. Sulphates No	rmal 11. Bile	Pigments Absent	12. Mucin	Normal
13. Phosphates	Normal 14	Acetone Normal	15. Diacetic Acid	Absent
Other Ingredients	Normal			
	MICROSCO	OPICAL EXAMINATION		
16. Casts	None 17. Bloo	dNone	18. Leucocytes	Many
19. Pus Čells	None	20. Crystals		None
21 Samuelana	None 22	. Cylindroids Non e	23. Bacteria	Non e
21. Spermatozoa.				
	Normal	25 Epithelial Cells (SI R	QUAMOUS Few SQI	uemous
24. Mucus	None	25 Epithelial Cells (si REMARKS:	and the same of	ıamous

COMPARISON WITH LAST REPORT			
(All)	CONDITION		
	CONDITION PRACTI- CALLY UN- CHANGED		
	CONDITION LESS FAYORABLE		

chemical examination of your specimen showed Sugar, 3 2/3 grains to the cunce equal to 0.76% with high Specific Gravity.

Under the microscope we found many Leucocytes.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS



Phone STAte 8825

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> April Thirteenth, 1935.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed a trace of Sugar but the quantity was too small to estimate. Under the microscope we found one Hyaline Cast and many Leucocytes but it was normal in every other way.

The trace of Sugar is not important and it seems evident that you are watching yourself closely enough.

A single Hyaline Cast is never important. It is due to some very trivial irritation and no attention should be paid to it and the many Leucocytes are also due to some simple irritation.

This specimen seems satisfactory to me.

Yours very truly,

Medical Director.

Mr. Carl G. 1	isher	Date Al	ril 13,1	1935 Report No	30421
	CHEN	MICAL EXAMIN	NOTTAN		
1. Transparency	Clear 2.	ColorAn	ber	3. Specific C	Gravity 1.028
4. Reaction	Ac1d 5. A	Albumin At	sent	6. Sugar	Trace
7. Urea 1	.658. Amorphous	Urates Nor	mal 9.	Indican	Normal
10. Sulphates No	ormal 11. Bil	le Pigments At	sent	12. Mucin	Normal
13. Phosphates	Normal 1	4. Acetone No	rmal_1	5. Diacetic Acid	Absent
Other Ingredients	Normal				
	MICROSO	COPICAL EXAM	MINATION		
16. Casts one H	ellere la			18 1	. Nenw
19. Pus Cells	None	20.	Crystals		None
21. Spermatozoa	None 2	2. Cylindroids	None	23. Bacter	ia_None
24. Mucus N	ormal	25 Epitheli	al Cells { SF	UAMOUS FEW	Squemous
Other Products	None			production in	
		REMARKS:			

COMPARISON WITH LAST REPORT CONDITION IMPROVED CONDITION PRACTI-CALLY UN-CHANGED CONDITION LESS FAVORABLE

Chemical examination of your specimen showed a trace of Sugar.

Under the microscope we found one Hyaline Cast and many Leucocytes.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS



Phone STAte 8825

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> May Twenty-Second, 1935.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed an increased amount of Sugar over the specimen for April. In this specimen we found 9 3/7 grains of Sugar to the ounce with low Urea Content and under the microscope we found many Leucocytes and a few Pus Cells.

It would be well to watch your diet somewhat carefully again for a short time.

The low Urea Content is probably due to eating sparingly of all rich foods and it is not important.

The Leucocytes and Pus Cells may come from the prostate gland but unless you have difficulty in emptying the bladder or frequent urination they do not call for attention.

Yours very truly,

Medical Director.

Kewlow

Mr. Carl G. I	Fisher	Date	May 22,1%	55 Report No.	30421
	CHEM	ICAL EXA	MINATION		
1. Transparency	Clear 2. C	Color	Straw	3. Specific Gr	avity 1.015
4. Reaction	Acid 5. A	lbumin	Absent	6. Sugar	Present
7. Urea 0.3%	8. Amorphous U	Jrates N	ormal 9.	Indican	Normal
10. Sulphates NO	rmal 11. Bile	Pigments	Absent 1	2. Mucin	Normal
13. Phosphates	Normal 1	4. Acetone	Normal 1	5. Diacetic Acid	Absent
Other Ingredients	Normal				
	MICROSC	OPICAL EX	AMINATION		
16. Casts None	17, Bloc	od	None	18. Leucocytes	Малу
19. Pus Cells	Few	2	0. Crystals		None
21. Spermatozoa	None 22	. Cylindroid	Non e	23. Bacteria	None
24. Mucus	Normal	25 Epith	nelial Cells { SQI SPI	NAL SQ	uemous
	None				
	S DESCRIPTION OF STREET	REMARK	5:		

COMPA WITH REPO	LAST
	CONDITION
	CONDITION PRACTI- CALLY UN- CHANGED
ASS.	CONDITION LESS FAVORABLE

The chemical examination of your specimen showed Sugar, 9 3/7 grains to the ounce equal to 1.98% and low Urea Content.

Under the microscope we found many Leucocytes and a few Pus Cells.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

Phone STAte 8825

F. G. SOULE
Founder
M. H. HAMILTON
Provident
M. B. LEAHY
Manager
A. R. JOHNSTONE, M. D.
Medical Director

June Fourth, 1935.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed a very faint trace of Albumin, a trace of Sugar, excess of Indican, many Leucocytes, a few Pus Cells, excess of Mucus and many Squamous Epithelial Cells.

The Albumin is not important.

The quantity of Sugar is too small to estimate.

Excess of Indican is due to intestinal fermentation and can usually be overcome by carefully avoiding constipation.

The Leucocytes, Pus Cells, excess of Mucus and Squamous Epithelial Cells are probably from the prostate gland and this may call for attention if you have difficulty in emptying the bladder or frequent urination.

Yours very truly,

Medical Director.

Mr. Carl G. Fisher	·	Date June 4,19;	35 Report No	30421
	CHEMICAL	EXAMINATION		
1. Transparency Cles	r 2. Color	Amber	3. Specific G	ravity 1.024
4. Reaction Acid	5. Albumin	Faint Trace	_ 6. Sugar	Trace
7. Urea 1.5% 8.	Amorphous Urates	Normal 9	. Indican	Excess
10. Sulphates Normal	11. Bile Pigm	ents Absent	12. Mucin	Normal
13. Phosphates NO	rmal 14. Ace	tone Normal	15. Diacetic Acid	Absent
Other Ingredients NO		HILL WO REMOVED A		
		L EXAMINATION		
16. Casts None	17. Blood	None	18. Leucocyte	s Many
19. Pus Cells	ew	20. Crystals		None
21. Spermatozoa	one 22. Cylir	ndroids_None	23. Bacteria	a None
24. Mucus Exce		(1)	QUAMOUS MARY MARY	Squamous
Other Products	None			
	REM	ARKS:		

COMPARISON WITH LAST REPORT	
AND MAN	CONDITION
	CONDITION PRACTI-
	CALLY UN-
	CHANGED
	CONDITION
	LESS
	FAVORABLE

The chemical examination of your specimen showed a very faint trace of Albumin, a trace of Sugar and an excess of Indican.

Under the microscope we found many Leuc cytes, a few Pus Cells, an excess of Mucus and many Squamous Epithelial Cells.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

Mr. Carl G.	Fisher	Date June	19,1935 Rep	port No. 30421
1	СНЕМ	ICAL EXAMINAT	ION	
1. Transparency	Clear 2. C	olor Stra	W 3. Sp	pecific Gravity 1.019
4. Reaction	Ac 16 5. A	bumin Absen	t 6. Sugar.	Absent
7. Urea 1%	8. Amorphous U	Jrates Norma	1 9. Indican	Normal
10. Sulphates	Normal 11. Bile	Pigments Absen	12. Mucin	Normal
13. Phosphates	Normal 14	. Acetone Norm	al15. Diaceti	c Acid Absent
Other Ingredients.	Normal	rugeno sona		
701	MICROSC	OPICAL EXAMINA	ATION	
16. Casts No	ne 17. Bloo	d Non	e 18. Le	eucocytes Ma ny
19. Pus Cells	None	20. Crys	stals	None
				Bacteria None
24. Mucus	Normal	25 Epithelial C	cells { SQUAMOUS SPINDLE RENAL }	Few Squamous
Other Products	None			
		REMARKS:		

COMPARISON
WITH LAST
REPORT

CONDITION
IMPROVED

CONDITION
PRACTICALLY UNCHANGED

CONTION
LESS
FAVORABLE

Our examination of your specimen shows slightly low Urea Content and many Leucocytes. It does not show Albumin or Sugar or any other fault and is much better than your specimen of June 4th.

This report certified as correct by NATIONAL BUREAU OF ANALYSIS

Me Joan Medical Director.



Phone CENtral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING .

105 WEST ADAMS STREET

CHICAGO

F. G. SOULE

. G. SOULE

M. H. HAMILTON
President

M. B. LEAHY

Manage

A. R. JOHNSTONE, M. D. Medical Director

> July Eighth, 1935.

Mr. Carl G. Fisher, Montauk, L.I., N.Y.

Dear Mr. Fisher:

Your present specimen showed a trace of Sugar but the quantity was too small to estimate and this specimen was normal in every other way.

I think you are managing the diabetic question very well. You have not shown Sugar in anything like large amounts since March.

Yours very truly,

Medical Director

Mr. Carl G. F	isher	_ Date July 8	, 1935 Report	No. 30421
1. Transparency	CHEMICA Clear 2. Colo	AL EXAMINATION		c Gravity 1.022
4. Reaction Acid	5. Albu	min Absent	6. Sugar	Trace
7. Urea 2.3%	8. Amorphous Uras	tes Normal	9. Indican	Normal
10. Sulphates Norm	11. Bile P	igmentsAbsent	12. Mucin	Normal
13. Phosphates Nor	mal 14. /	Acetone Normal	15. Diacetic Aci	d Absent
Other Ingredients. N	ormal			
16. Casts Non	MICROSCOP	None		ytes Few
19. Pus Cells	None	20. Crystals	Non	е
	None 22. C			
	RI	EMARKS:		
COMPARISON WITH LAST REPORT	The chemical	exemination	of your speci	men showed a
IMPROVED		pical examina	tion was norm	al.
CONDITION PRACTI- CALLY UN- CHANGED	700 - 710 - 710			
CONDITION LESS FAVORABLE				
	This repor	rt certified as correct	by	

NATIONAL BUREAU OF ANALYSIS

Of Discourse Medical Director.

July 8, 1935.

National Bureau of Analysis, 105 West Adams Street, Chicago, Illinois.

Gentlemen:-

Until further notice, please forward your "containers" to Mr. Carl G. Fisher at Montauk, Long Island, New York, where he will be during the summer months. I am today sending on to him the container received here this morning.

Yours very truly,

Secretary to Mr. Fisher.



Phone CENtral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

M. B. LEAHY

Manager

A. R. JOHNSTONE, M. D. Medical Director

> September Seventh, 1935.

Mr. Carl G. Fisher, Montauk, L.I., N.Y.

Dear Mr. Fisher:

Your present specimen showed 8 4/5 grains of Sugar to the ounce with slightly low Urea Content but it was otherwise normal. It did not show Albumin, Red Blood Cells, many Leucocytes or any other fault.

It may be that you have been eating a little more of sugars and starches than you should which would account for the return of Sugar in this specimen and the somewhat increased amount.

Yours very truly,

Medical Director

	CH	EMICAL E	XAMINATION		
I. Transparency Cle	ear 2.	Color	Strew	3. S _I	pecific Gravity 1.02
4. Reaction	c1d 5.	Albumin_	Absent	6. Sugar	Present
7. Urea 1%	8. Amorphou	s Urates	Normal	9. Indican	Normal
10. Sulphates Norm	nal 11. I	Bile Pigmer	nts Absent	12. Mucin	Normal
13. Phosphates NOI	rmal	14. Aceto	ne Normal	15. Diaceti	c Acid Absent
Other Ingredients	Normal				
Other Ingredients			Fer isom gr		
Other Ingredients		gn A-	. EXAMINATIO		
	MICRO	SCOPICAL	. EXAMINATIO	ON	eucocytes Few
16. Casts None	MICRO:	SCOPICAL	. EXAMINATION None	ON 18. Le	
16. Casts None	MICRO	SCOPICAL lood	None 20. Crystals	DN 18. Le	
16. Casts None 19. Pus Cells 21. Spermatozoa	MICRO:	SCOPICAL lood	None 20. Crystals.	DN 18. Le	None

COMPARISON
WITH LAST
REPORT

CONDITION
IMPROVED

CONDITION
PRACTICALLY UN.
CHANGED

CONDITION
LESS
FAVORABLE
FAVORABLE

Chemical examination of your specimen showed Sugar, 8 4/5 grains to the ounce equal to 1.84% with low Urea Content.

Under the microscope we found normal conditions.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS



Phone CENtral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING

• 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE

Founder

M. H. HAMILTON

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> September Fourteenth. 1935.

Mr. Carl G. Fisher. Montauk, L.I., N.Y.

Dear Mr. Fisher:

Your present specimen showed 5 1/2 grains of Sugar to the ounce with low Specific Gravity and Urea Content. This is a smaller amount of Sugar than you showed in your last specimen and it is therefore better.

The low Specific Gravity and Urea Content are probably due to eating sparingly of rich foods of all kinds including meats and to drinking freely of water but that is not important.

Yours very truly.

Medical Director.

Mr. Carl G. Fisher	Date Sept .14, 193	5 Report No. 30421
	CHEMICAL EXAMINATION	
1. Transparency Clear	2. Color Straw	3. Specific Gravity 1.010
4. Reaction Acid	5. Albumin Absent	6. Sugar Present
and the property of the second section of the	phous Urates Normal 9.	
10. Sulphates Normal 1	1. Bile Pigments Absent 12	2. Mucin Normal
13. Phosphates Normal	14. Acetone Normal 15	. Diacetic Acid Absent
Other Ingredients Normal	STRONG OF URINAL VALUE	A 100 00
MIC	CROSCOPICAL EXAMINATION	
16. Casts None 17	, Blood None	18. Leucocytes Few
19. Pus Cells None	20. Crystals	None
21. Spermatozoa None	22. Cylindroids None	23. Bacteria None
	25 Epithelial Cells SQU SPIN REN	AMOUS Few Squamous
Other Products None	REMARKS:	SETTER FOR TOPE

WITH	
AND IN	CONDITION
	CONDITION

COMPARISON

CONDITION
PRACTICALLY UN.
CHANGED

CONDITION
LESS
PAYORABLE

Chemical examination of your specimen showed Sugar, 5 1/2 grains to the ounce equal to 1.16% with low Specific Gravity and Urea Content.

Under the microscope we found normal conditions.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS



Phone CENtral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON
President

Founder

M. B. LEAHY
Manager

A. R. JOHNSTONE, M. D. Medical Director

> October Second, 1935.

Mr. Carl G. Fisher, Montauk, L.I., N. Y.

Dear Mr. Fisher:

Your present specimen did not show Sugar. Under the microscope we found two Hyaline Casts and a very few Red Blood Cells.

The Hyaline Casts are not important and I would pay no attention to the Red Blood Cells unless you have difficulty in emptying the bladder or frequent urination.

Yours very truly,

Medical Director

Mr. Carl G. Fisher	Date Oct .2, 193	Report N	No. 30421
CHE	MICAL EXAMINATION		
1. Transparency Clear 2.	Color Amber	3. Specific	Gravity 1.020
4. Reaction Acid 5. A	Albumin Absent	6. Sugar	Absent
7. Urea 1.5% 8. Amorphous	Urates Normal	9. Indican	Normal
10. Sulphates Normal 11. Bil	le Pigments Absent	12. Mucin	Normal
13. Phosphates Normal 1	4. Acetone Normal	. 15. Diacetic Acid	Absent
Other Ingredients Normal		*	
	an algebra no made.		
MICROSO	COPICAL EXAMINATIO	N	
16. Casts Present 17. Blo	od Very Few	18. Leucocy	tesFew
19. Pus Cells None	20. Crystals		None
21. Spermatozoa None 22	2. Cylindroids None	23. Bacte	eria None
24. Mucus Normal	25 Epithelial Cells	SQUAMOUS }	Few Squamous
Other Products None	(RENAL)	
	REMARKS:		

WITH REP	LAST
Phillips .	CONDITION
	CONDITION
	PRACTI-
	CHANGED
	CONDITION
	LESS
	FAVORABLE

The chemical examination of your specimen gave normal results.

Under the microscope we found two Hyaline Casts and a very few Red Blood Cells.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS



Phone CENtral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

Founder M. H. HAMILTON

President M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> October Thirtieth. 1935.

Mr. Carl G. Fisher, Long Island, N. Y.

Dear Mr. Fisher:

Your present specimen showed 12 1/3 grains of Sugar to the ounce with one Hyaline Cast.

The single Hyaline Cast is not important but the Sugar would suggest that you have been a little careless of diet or were not using Insulin. It would be wise for you to look after this condition with some care again.

Yours very truly,

Medical Director

Mr. Carl G.	Fisher	D	ate Oct.30,	1935 Repor	t No. 30421
		CHEMICAL	EXAMINATIO	N	
1. Transparency	Clear	2. Color	Amber	3. Spec	ific Gravity 1.028
4. Reaction	Acid	5. Albumin_	Absent	6. Sugar	Present
7. Urea 1.5%	8. Am	orphous Urates	Normal	9. Indican	Normal
10. Sulphates No.	rmal	11. Bile Pigme	nts Absent	12. Mucin	Normal
13. Phosphates	Normal	14. Aceto	one Normal	15. Diacetic A	cid Absent
Other Ingredients		TERRY LAW	au ne and	ray sals, and	
	A	IICROSCOPICAL	L EXAMINAT	TON	
16. Casts P	resent	17. Blood	None	18. Leuc	ocytes Few
19. Pus Cells	None		20. Crystal	s	None
					acteria None
24. Mucus	Normal	25	Epithelial Cell	s SQUAMOUS SPINDLE RENAL	Squamous
Other Products	N	one			
		REMA	ARKS:		
Part of the second	1	A. Est.	15		
COMPARISON WITH LAST REPORT	100				
a Audul De	the same	The	chemical	examination	of your specime

The chemical examination of your specimen showed Sugar, 12 1/3 grains to the ounce equal to 2.59%.

Under the microscope we found one Hyaline Cast.

This report certified as correct by

CONDITION

IMPROVED

CONDITION

PRACTI-CALLY UN-CHANGED

CONDITION LESS FAVORABLE

NATIONAL BUREAU OF ANALYSIS

BP Go Caudlana.
Medical Director.



Phone CENtral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

Founder

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> November Eighteenth, 1935.

Mr. Carl G. Fisher, Long Island, N. Y.

Dear Mr. Fisher:

Your present specimen showed 18 grains of Sugar to the cunce with somewhat high Specific Gravity and three Hyaline Casts.

This increasing amount of Sugar would make it seem that you were not taking insulin or were not taking enough of it. I think it would be wise to go back to it or if you are taking it to increase the dose.

The three Hyaline Casts are not important and no attention need be paid to them.

Yours very truly,

Medical Director.

Mr. Carl G. Fisher	Date Nov.18,	1935 Rep	ort No30421
	CHEMICAL EXAMINATIO	N	Control Control
I. Transparency Clear	2. Color Amber	3. Sp	ecific Gravity 1.03
4. Reaction Acid	5. Albumin Absent	6. Sugar_	Present
7. Urea 1.5% 8. An	norphous Urates Normal	9. Indican	Normal
10. Sulphates Normal	11. Bile PigmentsAbsent	12. Mucin_	Normal
13. Phosphates Normal	14. Acetone Normal	15. Diacetic	Acid Absent
Other Ingredients Normal		4	
*	MICROSCOPICAL EXAMINAT	ION	
16. Casts Present	17. Blood None	18. Le	ucocytes Few
19. Pus Cells None	20. Crystal	s	None
21. Spermatozoa None	22. CylindroidsNone	23.	Bacteria None
24. Mucus Normal	25 Epithelial Cells	SQUAMOUS SPINDLE RENAL	Few Squamous
Other Products None		197	
	REMARKS:		

COMPARISON WITH LAST REPORT

CONDITION
IMPROVED

CONDITION
FRACTICALLY UN.
CHANGED

LESS FAVORABLE The chemical exemination of your specimen showed Sugar, 18 grains to the ounce equal to 3.77%, and high Specific Gravity.

Under the microscope we found three Hyaline Casts.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

MR Accustone



Phone CENtral 5240

NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING

105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

Founder

M. H. HAMILTON

M. B. LEAHY

A. R. JOHNSTONE, M. D. **Medical Director**

> November Twenty-First, 1935.

Mr. Carl G. Fisher, Long Island, N. Y.

Dear Mr. Fisher:

Your present specimen showed 21 6/7 grains of Sugar to the ounce and low Urea Content but it was normal in every other way.

With this increasing amount of Sugar I think you should take more Insulin and keep it down or absent if possible.

Yours very truly,

AR Johnstone.

ARJ:MD 30421

	CHEMICAL EXAMINATION	
I. Transparency Clea	r 2. Color Straw	3. Specific Gravity 1.028
4. Reaction A01	5. Albumin Absent	6. Sugar Present
7. Urea 0.7% 8.	Amorphous Urates Normal	9. Indican Normal
10. Sulphates Normal	11. Bile Pigments Absent	12. Mucin Normal
	Normal	15 Diamis Asid Absent
13. PhosphatesNQ.II	nal 14. Acetone Normal	13. Diacetic Acid
		1). Diacetic Acid Asserti
Other Ingredients No. 13.		
	ormal	Entrance 1
Other Ingredients N	ormal	N
Other Ingredients No.	MICROSCOPICAL EXAMINATION	N 18: Leucocytes Fow
Other Ingredients No. 16. Casts No. 19. Pus Cells No. 19.	MICROSCOPICAL EXAMINATION	N 18. Leucocytes Few None
Other Ingredients No. 16. Casts No. 16. No. 19. Pus Cells No. 19. Spermatozoa No. 19.	MICROSCOPICAL EXAMINATION 17. Blood None 20. Crystals	N 18: Leucocytes Few None 23. BacteriaNone

WITH	
	CONDITION
1	CONDITION PRACTI- CALLY UN- CHANGED
AST.	CONDITION LESS FAVORABLE

The chemical examination of your specimen showed Sugar, 21 6/7 grains to the ounce equal to 4.59%, and low Urea Content.

The microscopical examination was normal.

This report certified as correct by
NATIONAL BUREAU OF ANALYSIS

Argohnstme.

A. R. Johnstone, M. D., National Bureau of Analysis, 105 West Adams Street, Chicago, Illinois.

Dear Dr. Johnstone:-

Thanks for your letters.

I am going to start now taking 15 points of Insulin twice a day.

I expect I have been drinking too much beer, and once in awhile I get so hungry for sugar or something sweet that I almost get a nervous catfit; then I jump out and eat a big steak, a couple of baked potatoes and a piece of pumpkin pie, and then I feel fine - at least, for the time being, I do.

However, I will try 15 points of Insulin for awhile.

Yours very truly,

CGF: AVM

CARL G. FISHER.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

M. B. LEAHY

Manager

A. R. JOHNSTONE, M. D. Medical Director

> December Seventeenth, 1935.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed 6 1/7 grains of Sugar to the ounce with slightly low Urea Content. This is a marked improvement over your specimen in November because of the great reduction in the amount of Sugar and this is satisfactory.

The low Urea Content is due to eating sparingly of rich foods of all kinds but that is not important.

Yours very truly,

Medical Director.

ARJ:HH 30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher Date Dec. 17, 1935 Report No. 30421
CHEMICAL EXAMINATION
1. Transparency Clear 2. Color Amber 3. Specific Gravity 1.022
4. Reaction Acid 5. Albumin Absent 6. Sugar Present
7. Urea 1.1% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal
MICROSCOPICAL EXAMINATION
16. Casts None 17. Blood None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25 Epithelial Cells SQUAMOUS FRY SQUAMOUS FRY SQUAMOUS
Other Products None REMARKS:

COMPARISON WITH LAST REPORT		
AR S	CONDITION	
	CONDITION PRACTI- CALLY UN- CHANGED	
	CONDITION LESS FAVORABLE	

The chemical examination of your specimen showed Sugar, 6 1/7 grains to the ounce equal to 1.29% and low Ures Content.

The microscopical examination was normal.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

INP Starling Medical Director.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . IOS WEST ADAMS STREET . CHICAGO

F. G. SOULE

Founder M. H. HAMILTON President

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> January Second. 1936.

Mr. Carl G. Fisher. Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed 21 4/7 grains of Sugar to the ounce with corresponding high Specific Gravity but it was otherwise normal.

I presume the increased amount of Sugar is traceable to natural excesses in diet during the holiday season but I think you ought to be a little careful to increase the amount of insulin for a time.

I hope you will have a healthy and satisfactory new year.

Yours very truly,

Araformatine.

Medical Director.

ARJ: HH 30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher	Date Jan.2,193	36 Report No. 30421
	CHEMICAL EXAMINATION	
1. Transparency Clear	2. ColorAmber	3. Specific Gravity 1.032
4. Reaction Ac 1d	5. Albumin Absent	6. Sugar Present
7. Urea 1.5% 8. Am	orphous Urates Normal	9. Indican Normal
10. Sulphates Normal	11. Bile Pigments Absent	12. Mucin Normal
13. Phosphates Normal	14. Acetone Normal	15. Diacetic Acid Absent
Other Ingredients Normal		
	The state of the s	
1	MICROSCOPICAL EXAMINATIO	N
16. Casts None	17. Blood None	18. Leucocytes Few
19. Pus Cells None	20. Crystals	None
21. Spermatozoa None	22. Cylindroids	None 23. Bacteria None
24. Mucus Normal	25 Epithelial Cells	squamous spindle RENAL Few Squamous
Other ProductsNone		
	REMARKS:	

COMPA WITH REP	LAST
	CONDITION
	CONDITION PRACTI- CALLY UN- CHANGED
Con.	CONDITION LESS FAVORABLE

The chemical examination of your specimen showed Sugar, 21 4/7 grains to the ounce equal to 4.53% and high Specific Gravity.

The microscopical examination was normal.

This report certified as correct by NATIONAL BUREAU OF ANALYSIS

ARSpringtone.
Medical Director.

January 15, 1936,

Dr. A. R. Johnstone, Mational Bureau of Analysis, 105 West Adams Street, Chicago, Illinois.

Dear Doctor Johnstone:-

I have asked you down here for several years, to spend a week down in this climate and look the place over, but you have never been able to come; so I am going to take one more orack at you.

We are having a perfectly wonderful season and our hotels will be "busted" wide open and turning the people away after January 20th, up until some time in March; so I hope you can make your trip, if you are going to be able to make one at all, outside of these dates.

The weather is marvelous in March and early part of April, but a great many people commence to go home and they leave before the really finest time of the year down here. Of course, we have a lot of people who remain here up until June, but the greater majority of the tourists return North by the early part of March.

Hope you can come down here this year.

Yours very truly,

CGF: AVM

CARL G. FISHER.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

Founder
M. H. HAMILTON
President

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

January Twenty-Eighth, 1936.

Mr. Cerl G. Fisher, Miami Beach, Florida.

Dear Mr. Fisher:

Your specimen received but as quantity sent to us is insufficient for a thorough examination we request you to submit another specimen.

A container is going forward to you today and upon its return to our Laboratory your report will be mailed promptly.

Yours very sincerely,

NATIONAL BUREAU OF ANALYSIS,

Dr. B. Keany.

Manager.

MBL/SS 30421

DR. A. RALPH JOHNSTONE 105 WEST ADAMS STREET THE PHONE CENTRAL EASO Stummery 29-1936 Mer Carl J. Fisher Miami Beach Fla Wer Mer Fisher: For a long time I have been greatly interested in you and your family. I picture four wacks ago lin the Chicago hibune Thowing yourself and your brathers grouped about your her on her birthday gave me fregt pleasure and was inspiring. Twant to thank you most Liveteting to visit you at Miani It would be a great pleasure and I know that I would Enjoy it lumensely. The End of the Season in late March or early april would be zuy Choice for time but I fear I will have to forego that pleasure again this year.

2

DR. A. RALPH JOHNSTONE 105 WEST ADAMS STREET

The work that the doing with the Bureau hax become dust an obscession with me and it is impartant for me in many ways - I do not own the Durane but am Baid for my services as Medical Director. My Service is of value because I am watching medical literature with the greatest are and Especially at this time because texearch work that has been going on at a fewerish rate for many years has finally lead to prectical results and is just now appearing in medical Journal's and books. The result will be revalutionary in many It would be a great pleasure for me to discuss some of these Recent discoveries and theories wich you because I know You would be interested,

108 WEST ADAMS STREET

Therap is a business and Convention city and many four Subscribers from a distance have occasion to time here and when they do they come to see me! hast week I had one from Southern Feargia one from California oue from Miladelphia Hier all know me from Correspondance and I am the only one here who could descuss the questions in Which they are interested. For these measons I hate to he away even for a tweek. There is another compelling Neason for my not going and that is financial. For quite a number of years Lurax Medical and Surgical head of a

DR. A. RALPH JOHNSTONE 100 led private who spital in Chieseo- For Several years this war a faying wenture. I made an excellent income from fees for many Surgical operations and consultations and the Cospital earned a fair Return Usu Conditions Slowly altered. We hospitals Rud Clinics That were established by the University of Chicago the Narchwestern University aus the Univ. of Ellinois Cut prices & Such an Extent that we Gold not Supete, and Even large endowed troopitals operated at a love, while private hospitals became a liability In the end I was forced out I had made unestments in What appeared to be Safe Securities but wich the depressing most of them were

105 WEST ADAMS STREET lost & that in the end I found myself in debt. Jam Still paying on dead Securities. this does not mean that Law in distress- Law quite Comfortable bent must be Careful. I wish that in your travels about the Country you would Stop off in Chicago Law Sure that I would make your visit interesting, ar of your latch remains apen to rue at some future time I will gladly avail myself you. Opportunity to visit health and comfort, Jan Very truly yours, Medhustone

February 1, 1936.

Dr. A. R. Johnstone, 105 West Adams Street, Chicago, Illinois.

My dear Dr. Johnstone:-

I have yours of January 29th and I am glad to have this letter from you.

I don't ever get back around Indiana or Chicago. I have hay fever and catarrhal troubles in Indiana and around the Lakes. I confine my travels between Miami Beach and Montauk, Long Island. I practically never get to New York City. I don't have hay fever either here or at Montauk, and the sea air clears up my catarrhal troubles almost immediately.

I know you would have a nice week down here in March because the weather will be lovely then and there won't be such a jam of people as at present. Practically everything here at Miami Beach is now filled with tourists and winter visitors, and the streets are crowded and the hotels are all doing a very good business, in spite of the tremendous increase in hotels and apartment houses this past year. Almost ten million dollars worth of hotels and apartment houses, together with residences, were built and yet our old hotels are showing an increased business over last year.

I will have a nice room for you in March at the hotel as my guest, so that your financial outlay will be railroad fare; and I will have a driver here to take you around and show you this whole end of the country, which will cover only about 300 miles of road driving.

My problems here are much the same as your own. Hurricanes, depression, and over-investment in Long Island, have reduced my private fortune to practically nothing, but that doesn't worry me at all. Money does not mean a thing to me except what you can do with it; and when you come down here I will show you what I did with ten million dollars anyway.

I am hoping you are going to adjust your affairs so as to get down here in March.

I am sending you under separate cover one of our little calendars for your desk.

Some years ago my partner and myself built a very fine hospital here on the Beach, which was finally disposed of to the Catholis Sisters, as we found we couldn't run a hospital. We made losing fifty thousand dollars a year on it. The Sisters, however, are making a great success of it and are adding quite a large wing.

Best regards and hope to see you down here this year.

Yours sincerely,

OGF : AVM

CARL G. FISHER.

P. S.-- I am sorry I did not see that picture to which you refer, which appeared in the Chicago Tribune. If you have a copy of it, I would like to see it.

0.G.F.

The Seven Fisher Brothers Honor Their Mother



The seven-Fisher brothers of General Motors went to Detroit to be with their mother on her 79th birthday and posed for this picture, the first made of the entire group in a number of years. Seated, left to right: Edward F., Mrs. Margaret Fisher, and Howard A. Standing: William A., Frederic J., Charles T., Lawrence P., and Alfred J. Fisher.

[Aeme Photo.]



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

Founder M. H. HAMILTON

President M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> February First, 1936.

Mr. Carl G. Fisher. Miami Beach. Fla.

Dear Mr. Fisher:

Your present specimen showed 8 1/7 grains of Sugar to the ounce with low Urea Content. This is a great improvement over your previous specimen which showed 21 4/7 grains of Sugar to the ounce.

You have evidently been taking Insulin and have been watching your diet.

The low Urea Content is probably due to eating sparingly of rich foods of all kinds and to drinking freely of water but that is not important.

Yours very truly,

Medical Director.

ARJ: HH 30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Cerl & Fisher	Date Feb.1,1	936 Report N	lo. 30421
	CHEMICAL EXAMINATIO	N	
1. Transparency Clear	2. Color Strew	3. Specific	Gravity 1.013
4. Reaction Acid	5. Albumin Absent	6. Sugar	Present
7. Urea 0.3% 8. Amo	orphous Urates Normal	9. Indican	Normal
10. Sulphates Normal	11. Bile Pigments Absent	12. Mucin	Normal
13. Phosphates Normal	14. Acetone Normal	15. Diacetic Acid.	Absent
Other Ingredients Norma		MR V	
N	IICROSCOPICAL EXAMINAT	TON	1
16. Casts None	17. Blood None	18. Leucocyt	es Few
19. Pus Cells None	20. Crystals		None
21. Spermatozoa None	22. Cylindroids None	23. Bacter	ia_None
24. Mucus normal		SQUAMOUS SPINDLE RENAL	Few Squamous
Other Products No.11			
	REMARKS:		
COMPARISON			

COMPARISON WITH LAST REPORT	
AST .	CONDITION
	CONDITION
	PRACTI- CALLY UN-
	CHANGED
1	CONDITION
	LESS
	FAVORABLE

Chemical examination of your specimen showed Sugar, 8 1/7 grains to the ounce equal to 1.71% with low Urea Content.

Under the microscope we found normal conditions.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

DR Couldrue



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

President

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

February Eighth, 1936.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed an increased amount of Sugar, 19 1/3 grains to the ounce, with slightly high Specific Gravity and slightly low Urea Content.

I think it would be wise for you to watch your diet carefully and perhaps take a little more Insulin.

The picture that appeared in the Tribune on the 10th of January that I wrote to you about was seen by me only for a few minutes and my attention was called to the picture by my wife. It happened on a day that I was very busy and I said that I would see the picture when I camehome that evening. I believed that it was a picture of your family. When I got home in the evening I found that the maid had disposed of the paper and I did not see it again. After receiving your letter I went to the office of the Chicago Tribune and hunted up the picture and obtained a copy of the Tribune which I will mail to you but as I see it now this appears not to have been a picture of your family. I felt sorry when I found that out because I had kept it in mind as a pleasant memory of yourself and family.

At the present time it is impossible for me to say whether I can arrange to visit you in March or not but I will let you know in ample time if I can.

Yours very truly,

VII cottudour

Medical Director.

ARJ 2HH

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher	Date Feb.8,1936	Report No. 30421
	CHEMICAL EXAMINATION	
1. Transparency Clear	2. ColorStraw	3. Specific Gravity. 1.030.
4. Reaction Acid	5. Albumin Absent	_ 6. SugarPresent
7. Urea 1% 8. Amor	phous Urates Normal 9.	. Indican Normal
10. SulphatesNormel	11. Bile Pigments Absent	12. MucinNormal
13. Phosphates Normal	14. Acetone Normal	15. Diacetic Acid Absent
Other Ingredients Norma		
	Major Miland so marks	
M	ICROSCOPICAL EXAMINATION	
16. Casts None 1	7. Blood None	18. Leucocytes Few
19. Pus Cells None	20. Crystals	None
21. Spermatozoa None	22. Cylindroids None	23. Bacteria None
		QUAMOUS PEW Squemous ENAL
Other ProductsNon	REMARKS:	

COMPARISON WITH LAST REPORT	
	CONDITION
	CONDITION PRACTI- CALLY UN- CHANGED
AR.	CONDITION LESS FAYORABLE

Chemical examination of your specimen showed Sugar, 19 1/3 grains to the ounce equal to 4.06% with high Specific Gravity and low Urea Content.

Under the microscope we found normal conditions.

This report certified as correct by NATIONAL BUREAU OF ANALYSIS

1210 Date Son

Medical Director.

Mr. Carl G. Fisher Date Feb.8,1936 Report No. 30421
CHEMICAL EXAMINATION
1. Transparency Clear 2. Color Straw 3. Specific Gravity 1.030
4. Reaction. Acid 5. Albumin Absent 6. Sugar Present
7. Urea 1% 8. Amorphous Urates Normal 9. Indican Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent
Other Ingredients Normal
MICROSCOPICAL EXAMINATION
16. Casts. None 17. Blood. None 18. Leucocytes Few
19. Pus Cells None 20. Crystals None
21. Spermatozoa None 22. Cylindroids None 23. Bacteria None
24. Mucus Normal 25 Epithelial Cells Squamous Few Squamous
Other Products None REMARKS:

COMPARISON WITH LAST REPORT	
	CONDITION
	CONDITION PRACTI-
	CALLY UN- CHANGED
ARS.	CONDITION LESS FAVORABLE

Chemical examination of your specimen showed Sugar, 19 1/3 grains to the ounce equal to 4.06% with high Specific Gravity and low Urea Content.

Under the microscope we found normal conditions.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

12/2 Strictore Medical Director. February 12, 1936.

Br. A. R. Johnstone, 105 West Adams Street, Chicago, Illinois.

Dear Doctor Johnstone:-

I have your memo regarding the increase in my sugar content.

For some little time I have been on 15 points and was in hopes that this would get rid of sugar. I haven't had any crampe and have been sleeping a great deal better with the Phenol-Barbetol tablets, but I get so hungry sometimes that I just can't resist a steak and a baked potato; and feeling that I was much better, I stepped into the potatoes and four or five bottles of beer a day, and I was very much surprised to see the last report. However, I have jumped back on my diet as hard as I possibly can and still live. Will see in the next fifteen days how I come out.

Would you advise, under the circumstances, to step up to 20 points?

I am hoping to see you and your wife, or whoever you want to bring with you, in March.

Yours very truly,

CGF: AVM

CARL G. FISHER.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

President M. B. LEAHY

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> February Fifteenth, 1936.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed 26 4/7 grains of Sugar to the cunce with corresponding high Specific Gravity and slightly low Urea Content.

The low Urea Content is not important but I do not like to see the Sugar creeping up like this and I think you should resume injections of Insulin if you have not been taking it recently.

Yours very truly,

Medical Director.

ARJ: HH 30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. carl G. I					
	(CHEMICAL	EXAMINATIO)N	
1. Transparency	Clear	2. Color	Straw	3. Spec	ific Gravity 1.035
4. Reaction	Acid	5. Albumin	Absent	6. Sugar	Present
7. Urea 1%	8. Amorph	ous Urates	Normal	9. Indican	Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mucin Normal				Normal	
13. Phosphates Normal 14. Acetone Normal 15. Diacetic Acid Absent					
Other Ingredients					
The state of the s					
The state of the s	Normal				
Other Ingredients	Normal	ROSCOPICA	L EXAMINAT	TION	
Other Ingredients	Normal MICE	ROSCOPICA Blood	L EXAMINAT	TION 18. Leuce	
Other Ingredients 16. Casts None 19. Pus Cells	MICE 17.	ROSCOPICA Blood	L EXAMINAT	TION 18. Leuce	ocytes Few
Other Ingredients 16. Casts None 19. Pus Cells 21. Spermatozoa	Normal MICI 17. None	ROSCOPICA Blood	L EXAMINAT	TION 18. Leuces	ocytes Few
Other Ingredients 16. Casts None 19. Pus Cells 21. Spermatozoa	Normal MICI 17. None None	ROSCOPICA Blood 22. Cylind 25	L EXAMINAT NODE 20. Crystal Iroids NODE Epithelial Cells	TION 18. Leuce 23. Ba SQUAMOUS SPINDLE RENAL F.	None None ew Squemous

COMPA WITH REP	LAST
	CONDITION
	CONDITION PRACTI- CALLY UN-
	CHANGED
ASS.	CONDITION LESS FAVORABLE

Chemical examination of your specimen showed Sugar, 26 4/7 grains to the ounce equal to 5.58% with high Specific Gravity and low Urea Content.

Under the microscope we found normal conditions.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

DP Formaline Medical Director.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager
A. R. JOHNSTONE, M. D.
Medical Director

February Nineteenth, 1936.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

The increased amount of Sugar in your last specimen was undoubtedly due to eating steaks and baked potatoes and drinking beer. There is a considerable amount of fat in a steak and there is a great deal more of carbohydrates in beer than there is in whiskey so that the beer would be likely to increase the sugar much more than if you had taken an occasional drink of whiskey and also beer is just as likely to disturb the liver as whiskey.

I judge from your statement that you are taking 15 units of insulin once a day and that is unsatisfactory. When the pancreas is acting in a normal manner it furnishes the amount of insulin that is necessary to take care of sugars and starches but it furnishes it in small quantities more or less continuously and the quantity is increased or decreased depending upon the amount of carbohydrate food that has to be taken care of. When insulin is given artificially you get the effect of it within a few minutes because insulin dissolves quickly. It is rapidly absorbed into the blood and takes care of any excess of carbohydrate material in the blood but the effect is quickly over and then you go without a proper supply of insulin until the next dose 24 hours later.

Investigators have been working for a considerable period of time trying to find some combination to add to insulin that will make it much more slowly soluble and try to prolong its effect. So far this has been very difficult to do. A group of investigators



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON
President
M. B. LEAHY

Foundar

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> February Nineteenth, 1936.

Mr. Carl G. Fisher, #2.

in Denmark have been working on this subject for a considerable time and they say that they have discovered in certain fish a proteid material that can be incorporated with insulin that will make it dissolve much more slowly than insulin itself and we are hoping that some such combination will shortly be on the market. I am watching for it with a great deal of interest and if it does appear I will notify you promptly. In the meantime I would think it much better for you to take two doses a day instead of one bringing the total dosage to 20 units 10 of which are to be taken in the morning a half hour before breakfast and the second dose to be taken a half hour before the evening meal. This would be much more satisfactory and would lessen the sugar promptly even if you do indulge in some foods that are ordinarily forbidden.

If you want anything alcoholic to drink take whiskey instead of beer.

Yours very truly,

Medical Director.

ARJ: HH

March 4, 1936.

Dr. A. R. Johnstone, 105 West Adams Street, Chicago, Illinois.

Dear Doctor Johnstone:-

I have yours of the 15th and 19th of February, and I thank you for all the interest you have taken in this case.

I think I have learned that I don't care for either beer or whiskey any more - or, rather, that I am going to cut out both of them.

What I am particularly interested in is whether I can take Insulin twice a day, without eating particularly heavily? Is it practical to take Insulin in small quantities, without eating to any great extent?

We are hoping to see you down here soon.

Yours very truly,

CGF: AVM

CARL G. FISHER.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING

105 WEST ADAMS STREET . CHICAGO

Phone CENtral 5240

F. G. SOULE Founder M. H. HAMILTON President M. B. LEAHY A. R. JOHNSTONE, M. D. Medical Director

> March Tenth. 1936.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed a faint trace of Albumin and a trace of Sugar with two Hyaline Casts and a very few Red Blood Cells.

I am glad that you have decided to stop using alcoholic liquors especially beer.

I do not believe that a small dose of Insulin like 5 or even 10 units twice a day would do you any harm at all and I think it would be better to use it twice a day than once because of the fact that it is so quickly dissolved and eliminated.

The trace of Albumin and the Red Blood Cells in this specimen do not mean that you have any of the forms of Bright's disease or disease involving the kidneys. There is always the possibility at your age of commencing prostate gland enlargement which could account for the Albumin and the Red Blood Cells but you should do nothing about that unless you have bladder irritation or frequent urination.

The two Hyaline Casts are of no importance. They do not mean disease and do not call for attention.

Yours very truly,

Medical Director

ARJ: HH 30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Cerl G. Fis	her I	Date March 10,	1936 Report	No. 30421
		EXAMINATION		
1. Transparency Cle				
4. Reaction	c1d 5. Albumin	Faint Trace	6. Sugar	Trace
7. Urea 1.5% 10. Sulphates Norm				
13. Phosphates NOI	mel 14. Acet	coneNormal	15. Diacetic Acid	d Absent
***************************************	MICROSCOPICA	AL EXAMINATION	N.	
16. Casts Present	17. Blood	Very Few	18. Leucoc	ytes Few
19. Pus Cells	None	20. Crystals		None
21. Spermatozoa No	ne 22. Cylir	droids None	23. Bact	eriaNone
24. Mucus Nort			QUAMOUS PINDLE ENAL	Few Squamous
Other Products		IARKS:		

COMPARISON WITH LAST REPORT				
(Arts)	CONDITION			
	CONDITION			
	CALLY UN-			
	CHANGED			
	CONDITION			
	LESS			
	FAVORABLE			

The chemical examination of your specimen showed a faint trace of Albumin and a trace of Sugar.

Under the microscope we found two Hysline Casts and a very few Red Blood Cells.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

PPOTENTIAL

Dr. A. R. Johnstone, 105 West Adams Street, Chicago, Illinois.

Dear Dr. Johnstone:-

We have been looking for you and your wife down here, and I hope you are not going to leave us out this year.

Yours very truly,

CGF: AVM

CARL G. FISHER.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING

105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON President

Founder

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

March Twenty-Seventh. 1936.

Mr. Carl G. Fisher, Miami Beach, Florida.

Dear Mr. Fisher:

Your specimen received, but as quantity sent to us is insufficient for a thorough examination, we request you to submit another specimen.

A container is sping forward to you today and upon its return to our Laboratory your report will be mailed promptly.

Yours very sincerely,

NATIONAL BUREAU OF ANALYSIS,

M. B. Leahy, Manager.

MBL/SS 30421

Mr. Carl F. Fisher Miami Beach, Roriday Dear Mer Linker (pM I have been making a real effort to put myself in Shape to accept your Kind unvitation to visit you at Miami Beach. I will be unable to make it this gear because I am under active trealment for Brostate gland Enlargement. Iwas much better last month but a mild flu infection Started it up again and now I am too uncomfortable to thick of an over night

Dr. A. Ralph Johnstone

trip ou a trace. I am To years ald and prostate gland trouble is now believed to be due to endocrine gland disturbances occurring as age advances, and is being treated medically more than by operation. Iwas imprivoing greatly until the flu attack but that Started the trouble all out In every other Way Law in Excellent health. I am always on my job and my wife and I would more than enjoy a visit with you

Dr. A. Ralph Johnstone

at Mianie Beach - We earnestly hoped that we could make it, but at present I am too much disturbed and I am advised by a very Competent Specialist In this line that I would be taking too much Chance in Joing on a trip now. I will outreone this Condition even if aperation is necessary and mext year if the invitation is Still open there will be no question as to

Dr. A. Ralph Johnstone

our acceptance. In the meantime! hope that your own health will Memain good. I have enjoyed my Correspondance with you and think we have established a real friendship, although We have never met. I hope that friendship will Continue and I will always be keen to hear from you and give you all that I know in the interest of your health and Comfort. Very truly yours,

March 30, 1936.

Br. A. R. Johnstone, 105 West Adams Street, Chicago, Illinois.

My dear Dr. Johnstone:-

Have you run out on me?

I have a room all ready for you and a driver to show you around this part of the country.

Our hotels will close in another ten days or so.

Yours,

OGF : AVM

CARL G. FISHER.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

M. B. LEAHY

Menager

A. R. JOHNSTONE, M. D. Medical Director

> April Eighth, 1936.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed 8 5/7 grains of Sugar to the ounce and somewhat low Urea Content. This is more Sugar than you showed in your last specimen but the quantity is not very great and probably can be controlled by continued care in diet.

The low Urea Content is probably due to eating sparingly of rich foods of all kinds and to drinking freely of water.

I am very sorry to have been forced to forego the trip to Miami Beach but under the circumstances that I explained in my personal letter it would have been entirely impossible to do so.

Yours very truly,

Medical Director.

ARJ: HH 30421 All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

			3,1936 Repor	t No. 30421
	CHEMICAL	L EXAMINATIO	ON	
1. Transparency Cle	ar 2. Color	Straw	3. Speci	ific Gravity 1.021
4. Reaction Ac1d	5. Albumi	n Absent	6. Sugar	Present
7. Urea 0.8% 8.	Amorphous Urates	Normal	9. Indican	Normal
10. Sulphates Norma	11. Bile Pigr	ments Absent	12. Mucin	Normal
13. Phosphates Normal	14. Ac	etone Normal	15. Diacetic A	cid Absent
Other Ingredients Norma			narious ay	
	MICROSCOPIO	AL EXAMINA	TION	
16. Casts None	17. Blood	None	18. Leuce	ocytes Few
19. Pus Cells None		20. Crysta	ls	None
21. Spermatozoa No ne	22. Cyli	indroids Non e	23. Ba	cteria None
24. Mucus Nor	mal 2	5 Epithelial Cell	s SQUAMOUS SPINDLE RENAL	Few Squamous
Other ProductsN				
	REI	VIARRS:		

COMPARISON
WITH LAST
REPORT

CONDITION
IMPROVED

CONDITION
PRACTICALLY UNCHANGED

Slighton Tion
LESS
PAYORABLE AND AND ADDRESS

LESS
PAYORABLE AND AND ADDRESS

LESS
PAYORABLE AND AND ADDRESS

LESS
PAYORABLE AND ADDRESS

LE

Chemical examination of your specimen showed Sugar, 8 5/7 grains to the ounce equal to 1:83% with low Ures Content.

Under the microscope we found normal conditions.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

Medical Director.

Dr. A. R. Johnstone, 105 West Adams Street, Chicago, Illinois.

Dear Dr. Johnstone:-

I have received your letters. I am sorry you couldn't get down this year but that invitation stands as long as I have any interest in the hotels.

We are having wonderful weather here. It is balmy and sunshine every day, and yet people are flying out for the North - to get pneumonia. We don't know how many people have left here in splendid health, apparently, and gone North and were dead in a week or ten days. It is terrible to think that people leave here so early, especially people who are able to stay longor.

I think it might be worth while for you to come down to look into the prospects of having a branch here.

I am wrestling with the diet question and the old needle, and think I am getting better except I have developed pains in the back of my legs, but I increased the Insulin diet again to 15 points, and the pains are gone today.

Best regards.

Yours very truly,

GGF: AVM

CARL G. FISHER.

P.S.-- I am having a couple of books sent you which I think will prove interesting reading.



BUREAU OF ANALYSIS NATIONAL

105 WEST ADAMS STREET . CHICAGO BANKERS BUILDING

F. G. SOULE

M. H. HAMILTON

President M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> April Twenty-Third, 1936.

Mr. Carl G. Fisher, Miami Beach, Florida.

Dear Mr. Fisher:

ARJ:MD

30 421

Your present specimen showed a considerable amount of Sugar 18 1/4 grains to the ounce with corresponding high Specific Gravity.

I think you ought to watch your diet very carefully for a while with relation to all sugars and starches and fats and perhaps somewhat increase the dose of Insulin.

Yours very truly.

Medical Director.

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher	Date APril	23,1936 Report	No. 30421
	CHEMICAL EXAMINAT	ION	
1. Transparency Clear	2. Color Amber	3. Specif	fic Gravity 1.036
4. Reaction Acid	5. Albumin Absent	6. Sugar	Present
7. Urea 1.5% 8. Amorph	ous Urates Normal	9. Indican	Normal
10. Sulphates Normal 11.	Bile Pigments absent	12. Mucin	Normal
13. Phosphates Normal	14. Acetone Norma	15. Diacetic Ac	eid Absent
Other Ingredients Normal	M2/10092 180	1.0%	
· MICI	ROSCOPICAL EXAMINA	TION	
16. Casts None 17.	Blood None	18. Leuco	cytes Few
19. Pus Cells None	20. Cryst	als	Non e
21. Spermatozoa None	22. Cylindroids No.	ne 23. Bac	cteriaNone
24. Mucus Normal		(REMAL	rew Squemous
Other Products None			
	REMARKS:		

COMPARISON
WITH LAST
REPORT

CONDITION
IMPROVED

CONDITION
FRACTICALLY UNCHANGED
CONDITION
LESS
FAVORABLE

The chemical examination of your specimen showed Sugar, 182 grains to the ounce equal to 3.83% with high Specific Gravity.

The microscopical examination was normal.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

Medical Director.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON
President

M. B. LEAHY
Manager

A. R. JOHNSTONE, M. D. Medical Director

> June Second,

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen showed a trace of Sugar, slightly high Specific Gravity, Alkaline Reaction, three Hyaline Casts, many Leucocytes and a small excess of Mucus. This is much better than your specimen for April because of the diminished amount of Sugar.

Alkaline Reaction is often due to taking soda or magnesia or any other antacid preparation but it is not important and will right itself.

The high Specific Gravity can be reduced by drinking freely of water.

The three Hyaline Casts, many Leucocytes and excess of Mucus are not important unless you have local infections about the teeth or in the throat or in some other part of the body.

Yours very truly,

Medical Director.

ARJ: HH 30421 All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher	Date June 2,	1936 Report	No. 30421 '
СН	EMICAL EXAMINATIO	N	
1. Transparency Clear 2.	Color Amber	3. Specifi	c Gravity 1.030
4. Reaction Alkaline 5.	Albumin Absent	6. Sugar	Trace
7. Urea 1.6% 8. Amorphou	s Urates Normal	9. Indican	Normal
10. Sulphates Normal 11. H	Bile Pigments Absent	12. Mucin	Normal
13. Phosphates Normal	14. Acetone Normal	15. Diacetic Aci	d Absent
Other Ingredients Normal			
MICRO	SCOPICAL EXAMINAT		
16. Casts Present 17. B	lood None	18. Leucoc	ytesMany
19. Pus Cells None	20. Crystals	J	None
21. Spermatozoa None	22. Cylindroids None	23. Bac	teria None
24. Mucus Slight Excess Other Products None		SQUAMOUS SPINDLE RENAL	Few Squamou
other rioductstone		*******************************	

COMPA WITH REP	LAST
ASS	CONDITION
	CONDITION PRACTI- CALLY UN- CHANGED
	CONDITION LESS FAVORABLE

The chemical examination of your specimen showed high Specific Gravity, an Alkaline Reaction and a trace of Sugar.

Under the microscope we found three Hyaline Casts, many Leucocytes and a slight excess of Mucus.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

BR Tandou



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE
Founder
M. H. HAMILTON
President
M. B. LEAHY
Manager
A. R. JOHNSTONE, M. D.
Medical Director

June Thirteenth, 1936.

Mr. Carl G. Fisher, Miami Beach, Fla.

Dear Mr. Fisher:

Your present specimen again showed an increased amount of Sugar, 16 2/3 grains to the ounce, with slightly high Specific Gravity and a small excess of Indican.

Excess of Indican is due to intestinal fermentation and can usually be overcome by carefully avoiding constipation.

On account of the increased amount of Sugar I think you ought to again watch your diet very carefully or increase the amount of Insulin that you are taking.

Yours very truly,

Medical Director.

ARJ:HH 30421 National Bureau of Analysis, 105 West Adams Street, Chicago, Illinois.

Gentlemen:-

Until you receive further notice, please forward your regular containers to Mr. Carl G. Fisher at Montauk, Long Island, New York, his summer address. We are forwarding to him the container just received at Miami Beach.

Yours very truly,

Secretary to Mr. Fisher.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING • 105 WEST ADAMS STREET • CHICAGO

F. G. SOULE

Founder M. H. HAMILTON

President

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> July Seventeenth, 1936.

Mr. Carl G. Fisher, Montauk, L. I., N. Y.

Dear Mr. Fisher:

Your present specimen showed 27 4/5 grains of Sugar to the ounce with corresponding high Specific Gravity. This large amount of Sugar should be reduced promptly by greater care in diet and by taking a larger amount of Insulin. It would not be good to allow this condition to continue.

Yours very truly,

Medical Director.

ARJ:HH 30421

Mr. Carl G. Fisher Date July 17,1936	Report No. 30421
CHEMICAL EXAMINATION	
1. Transparency Clear 2. Color Amber 3	. Specific Gravity 1.035
4. Reaction Acid 5. Albumin Absent 6. Su	ugar Present
7. Urea 1.5% 8. Amorphous Urates Normal 9. Indica	an Normal
10. Sulphates Normal 11. Bile Pigments Absent 12. Mc	ucin Normal
13. Phosphates Normal 14. Acetone Normal 15. Dia	
Other Ingredients Normal	V. A.
MICROSCOPICAL EXAMINATION	
16. Casts None 17. Blood None 18.	. Leucocytes Few
19. Pus Cells None 20. Crystals	None
21. Spermatozoa None 22. Cylindroids None	23. Bacteria None
24. Mucus Normel 25 Epithelial Cells SPINDLE RENAL	Few Squamous
Other Products None REMARKS:	a

	ARISON LAST ORT
,	CONDITION
	CONDITION PRACTI- CALLY UN-
-3	CHANGED
AT S	CONDITION LESS FAVORABLE

Chemical examination of your specimen showed Sugar, 27 4/5 grains to the ounce equal to 5.83% with high Specific Gravity.

Under the microscope we found normal conditions.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

Medical Director.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

President

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

July Twenty-Fourth. 1936.

Mr. Carl G. Fisher, Montauk, L.I., N. Y.

Dear Mr. Fisher:

The specimen we examined for you on July 17th showed a large amount of sugar and it made me feel anxious about you. I wanted to write to you at greater length but I was pushed for time and I wanted to go over your previous reports and our correspondence before writing. I fear that as you stand now you are not very safe and I believe that with some care you can be made safe and be in proper condition to take up successfully your many activities.

I am writing now to suggest that you take twenty or twenty-five units of Insulin twice a day. This should be done regularly and at definite times. The first dose should be taken twenty to thirty minutes before breakfast and the second dose the same time before your evening meal. You should exercise reasonable care in diet, eating quite sparingly of sugars, the heavier starchy foods and fats. The objection to fats is that they do not digest except in the presence of an excess of carbohydrate foods by which is meant the sugars and starches.

I know from statements you have made to me in letters that you drink some alcohol and I would not advise your stopping alcohol entirely. It would be best to use it in reasonable moderation but you should not drink beer. Whiskey is much safer for you.

I would like very much to have you go to some laboratory and have a complete blood examination made including a blood sugar estimation and all other blood tests. If you would do that and have the laboratory send the report to me I would study it and write to you fully about what was found. I would feel even better about your condition if you would give up



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

Found

M. H. HAMILTON
President

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> July Twenty-Fourth, 1936.

Mr. Carl G. Fisher, #2.

for a couple of weeks and enter a hospital where the proper examinations and treatment would be carried out in a systematic manner.

I am making these suggestions seriously and in an earnest desire to help you. You are much too young and too valuable a man to take unnecessary chances with your health.

Yours very truly,

Medical Director.

ARJ: HH 30421

M r. Carl G. I	risher	Da	te Sept.1	5,1936 Repo	rt No. 30421
	CI	HEMICAL I	EXAMINATIO	ON	
1. Transparency	Clear 2	. Color	Amber	3. Spec	cific Gravity 1.023
4. Reaction	Acid 5	. Albumin	Trace	6. Sugar	Trace
7. Urea 1.9%	_ 8. Amorpho	us Urates	Normal	9. Indican	Normal
	ormal	14. Aceto	ne Normal	15. Diacetic	Normal Acid Absent
		OSCOPICAI	L EXAMINA	TION	
					cocytes Few
19. Pus Cells	None		20. Crysta	ls	None
21. Spermatozoa	None	22. Cylind	roids None	23. E	Bacteria No ne
24. Mucus E2	cess	25	Epithelial Cel	ls { SQUAMOUS SPINDLE RENAL } F	ew Squamous
Other Products		None			
		REMA	ARKS:		

WITH	ARISON I LAST PORT
	CONDITION
	CONDITION
	CALLY UN- CHANGED
	CONDITION
	FAVORABLE

The chemical examination of your specimen showed a trace of Albumin and a trace of Sugar.

Under the microscope we found two Hyaline Casts, a few Red Blood Cells and an excess of Mucus.

This report certified as correct by NATIONAL BUREAU OF ANALYSIS

1210 Madical Director.



NATIONAL BUREAU OF ANALYSIS

BANKERS BUILDING . 105 WEST ADAMS STREET . CHICAGO

F. G. SOULE

M. H. HAMILTON

M. B. LEAHY

Manager

A. R. JOHNSTONE, M. D. Medical Director

> October Twenty-Fourth, 1936.

Mr. Carl G. Fisher, Montauk, L.I., N. Y.

Dear Mr. Fisher:

Your present specimen showed low Specific Gravity and Urea Content with 1 3/7 grains of Sugar to the ounce but it was otherwise normal.

This is a small amount of Sugar and does not call for an additional amount of Insulin.

The low Specific Gravity and Urea Content may be due to eating sparingly of rich foods of all kinds and to drinking freely of water but alcoholic beverages of any kind are likely to produce the same condition if taken within two hours before voiding.

Thank you again for your invitation to visit Florida during December. I am trying to make some definite plans and will write to you personally on that subject very soon.

Yours very truly,

Medical Director.

ARJ: HH 30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. I	isher	Date Oct.24,	1936 Report	No. 30421
	CHEMICAL	EXAMINATION	V	
1. Transparency	Clear 2. Color	Strew	3. Specif	fic Gravity 1.010
4. Reaction	Ac1d 5. Albumir	Absent	6. Sugar	Present
7. Urea 0.4%	_ 8. Amorphous Urates	Normal	9. Indican	Normal
10. Sulphates NO	mel 11. Bile Pigm	ents Absent	12. Mucin	Normal
	Normal 14. Ace			
Other Ingredients	Normal			THE PERSON NAMED IN
	777	AL EXAMINAT		
	17. Blood			
19. Pus Cells No	one	20. Crystals		None
	None 22. Cyli			
24. Mucus	Normal 25	Epithelial Cells	SQUAMOUS SPINDLE RENAL	Few Squemous
Other Products	None	MARKS:	***************************************	

COMPA WITH REP	
SII	condition IMPROVED
	CONDITION
	CALLY UN- CHANGED
	CONDITION LESS FAVORABLE

Chemical examination of your specimen showed Sugar, 1 3/7 grains to the ounce equal to 0.30% with low Specific Gravity and Urea Content.

Under the microscope we found normal conditions.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

DR Formalow



ONAL BUREAU OF ANALYSIS

RUILDING 105 WEST ADAMS STREET .

F. G. SOULE

M. H. HAMILTON

President

M. B. LEAHY

A. R. JOHNSTONE, M. D. Medical Director

> December First. 1936.

CHICAGO

Mr. Carl G. Fisher, Montauk, L.I., N.Y.

Dear Mr. Fisher:

Your present specimen showed 16 6/7 grains of Sugar to the ounce with a trace of Albumin, somewhat low Urea Content, a few Hyaline and Granular Casts, a few Red Blood Cells and many Squamous Epithelial Cells. This is not so good as your specimen for October and I think you ought to increase the Insulin and again watch your diet carefully with relation to sugars, the heavier starchy foods and fats.

It would be wise to know what your blood pressure is because of the trace of Albumin and the Granular Casts. The Albumin could be due to some trouble in the lower urinary tract such as the prostate gland but with Granular Casts it might mean some impairment of the kidneys themselves and if that were true your blood pressure would naturally be high.

The Red Blood Cells and Squamous Cells may be from the prostate gland but they do not require attention unless you have slowness or difficulty in emptying the bladder or frequent urination.

Yours very truly,

Medical Director.

ARJ: HH 30421

All reports are carefully compared with former reports to detect any persistence of abnormal conditions.

Mr. Carl G. Fisher	Date Dec.1,	1936 Report	No. 30421
	CHEMICAL EXAMINATION	ON	
1. Transparency Clear	2. Color Straw	3. Specific	Gravity_1.024
4. Reaction Ac1d	5. Albumin Trace	6. Sugar	Present
7. Urea 0.8% 8. Amorph	ous Urates Normal	9. Indican	Normal
10. Sulphates Normal 11	Bile Pigments Absent	12. Mucin	Normal
13. Phosphates Normal	_ 14. Acetone Normal	15. Diacetic Aci	d Absent
Other Ingredients Normal		Total Control	7.7 - Paris Pres 1960 . s
MIC	ROSCOPICAL EXAMINA	TION	
16. Casts Present 17.	Blood Few	18. Leucoc	ytesFew
19. Pus Cells None	20. Crysta	als	None
21. Spermatozoa None	22. CylindroidsNO	ne 23. Bact	teria None
24. Mucus Normal	25 Epithelial Cel	lls { SQUAMOUS SPINDLE RENAL } MAI	y Squemous
Other ProductsNon	REMARKS:		

COMPA WITH REPO	LAST
	CONDITION
	CONDITION PRACTI- CALLY UN- CHANGED
	CONDITION LESS FAVORABLE

The chemical exemination of your specimen showed a trace of Albumin, Sugar, 16 6/7 grains to the ounce equal to 3.54% and low Urea Content.

Under the microscope we found a few Hysline and Granular Casts, a few Red Blood Cells and many Squamous Epithelial Cells.

This report certified as correct by

NATIONAL BUREAU OF ANALYSIS

Medical Director.

Dr. A. R. Johnstone, 105 West Adams Street, Chicago, Illinois.

My dear Doctor Johnstone:-

I have yours of December the 1st, and it looks like I have got make some kind of a flop immediately.

Strange to say, I have been feeling very well lately, with the exception of sleeplessness. I get so tremendously hungry for sweets that I just have to break over occasionally - also as to potatoes. I try to limit myself but there is a limit to going without food.

However, I am going to turn this report over to my Doctor here and have him take my blood pressure, and send it on to you.

Thanks again for your interest in my case, and you will hear from me later.

Best regards.

Yours,

CARL G. FISHER.

CGF : AVM

DR. A. RALPH JOHNSTONE Mr Carl Tisher Dec 22. 36 Meanin Beach, Florida Mar Mr. Fisher -Torate you that I could not accept your invitations to Visit you because of inflammation of the blidder This Condition Still Exists but in Spile of Careful Examinations by Specialists was not fully Some weeks ago I had an attack of kidney Calie which might have been due to an attempt of a kidney Stone to pass into the bladder. If that had been so the Stone Should have passed and the trouble Ended in a short time, but the

DR. A. RALPH JOHNSTONE 105 WEST ADAMS STREET Pain Continues though much less Severe. I wanted to have more Xray pictures to show what the Condition really was but was advised & wait. at last, a pew days ago a dye was used and a series of films made. These films showed that the left kidney was almost Completely blocked. The Specialists advised The to refrain from all ly the Bureau work. I sured have done this but asked about the trip to Forida - To This they Said No. The Slightest exertion might bring on a Condition that would

DR. A. RALPH JOHNSTONE Require au enverency sportion at any moment. I realize that your busy seem Extends from January to March and would not think of Visiting you during the busy Season. If my Condition will formit I will be glad to Then down in March or Early If you think of writing mee. anything that will Tuention My personal Condition I would he grateful if you would wark the envelope "Revoral" Letters from Members of the Bureau are after opened in the business office and I do not want to advertise my own troubles.

I was Surley to See the larger Queount of Sugar in your last Specimen but I know how hard it is for people who Crave Sweets or alcohol to avoid Exerce at times - The trouble with exercises to that Those that you will be able to keep yourself in Reasonable leach Wich last wishes for the Season austhe fature Law Very truly yours, A. Mohnutorie

DR. A. RALPH JOHNSTONE

December 28, 1936.

Dr. A. Ralph Johnstone, 105 West Adams Street, Chicago, Illinois.

My dear Doctor Johnstone:-

It looks to me like you will have to get me on your staff, although you seem to have some troubles that I haven't had as yet.

Of course this climate down here is wonderful and it will do you a lot of good to have a rest, but at the present it reminds me of a patent medicine I saw once, in which the advertisement said "It would cure anything but it wouldn't resuscitate a paralyzed corpse." That is about the way with this climate, but I do know that relaxation for awhile down here will do you a lot of good.

Strange to say, in spite of my excess of sugar, etc., I feel pretty good. I toss and pitch a great deal at night but otherwise I feel pretty fair.

When you come down, if you will just sit around in the sunshine and take it easy for awhile, I am sure it will do you a lot of good.

We are having a tremendous season but we will have plenty of room in March.

My very best regards.

Yours sincerely,

OGF : AVM

CARL G. FISHER.