

**Lasker,
Albert D.**

March 8, 1929.

Mr. Albert D. Lasker,
4975 Collins Avenue,
Miami Beach.

Dear Albert:

I talked with John Golden yesterday about your case. I have had lots more experience in eating than you, being older and a heavier consumer of food. As I look back on my troubles now, I can see that most of them have come from eating white bread, grease, onions, and other perfectly indigestible food -- including every so often the swallowing of an end of a cigar.

I knew the second largest miller of white flour in the United States and he told me ten years ago he would not eat a loaf of white bread made from his own flour for ten thousand dollars. He also told me white bread causes more indigestion and more extra heart revolutions than any other food known to man. He explained to me carefully how white bread would kill chickens, guinea pigs, turkeys, and particularly children.

If you will try my remedy ten days, I will be satisfied for you then to change and try somebody else's. First: Cut out white bread, grease, butter, onions, peanuts, Scotch or gin. If you want a light drink, use Baccardi rum with a lot of lime juice. Drink a lot of orange juice and grapefruit juice every day. Don't lie on the sand except on a robe.

Take some light reading and cut out business. I am sending you a book which you may like for light reading.

Yours,

CGF:T

TELEPHONE
MIAMI BEACH 2880

4925 COLLINS AVENUE
MIAMI BEACH, FLORIDA

16th March 1929

My dear Carl:

This is a "thank you" letter and apologizes for being a belated one.

First let me thank you for your fine hospitality to Vice President Curtis which he, I know, greatly appreciated and for which I am highly grateful. But most of all I want to thank you for your good letter of instructions under date of March 8th, and for the various things you sent ~~me~~ to help me realize the benefits of your suggestions, which I want you to know I am following out in full, and the best part of it is I am beginning to feel good results for the first time in a long while. I want to hasten to express to you not only my sense of obligation, but my appreciation.

I am going to be here until April 15th and sometime at your leisure if you give me a ring, I'd like to see you to report in person.

Sincerely,

Albert

Mr. Carl G. Fisher,
Miami Beach, Florida.

March 19, 1929

Mr. Albert D. Lasker,
4925 Collins Avenue,
Miami Beach.

Dear Albert:

If you can get down to reading it is a great help for your nerves. As soon as I get in some books I have ordered, I am going to send you one I know you will like. It is intensely interesting.

I believe, however, there is a limited number of people who can understand this type of human being. Personally, I think from her own life story she was sixty percent nutty but I believe the other forty per cent was wonderful. After you read the book, I wish you would tell me in twenty words what you think.

Three of the best friends I have are dying this morning.

Yours,

CGF:T

BY

ALBERT D. LASKER
919 N. MICHIGAN AVE.
CHICAGO

April 29, 1929

My dear Carl,

I have no doubt that the books on eating, by McCann and Monaghan, which came but a few minutes ago, will do me a lot of good, but even more good, I already know, I derive from the fact of this added evidence of your thoughtfulness.

I can take advantage in this letter to say to you in writing what I could not bring myself to say in person (lacking the courage) - that you are the most thoughtful man I have ever known, and I for one am deeply touched by these many evidences of your kindly interest.

It just so happens that at the moment my digestion is giving me a little trouble, so that I will read the books with particular interest and, I have no doubt, with ultimate benefit. Generally speaking, I have been getting a pretty good reaction from my fine winter at Miami Beach, and it is only in the last day or two that I have noticed a little slippage, although I have been working and living very carefully.

I take it by this time you are either settled in or on your way to Montauk Point. I am promising myself the pleasure, when in New York this summer, of seeing you there. I hope you are fine and that all goes well with you.

Again, with thanks, I am

Sincerely,

Albert D. Lasker

Mr. Carl G. Fisher
Montauk Point
Port Washington, Long Island, N.Y.

May 6, 1929.

Mr. Albert D. Lasker,
919 N. Michigan Avenue,
Chicago, Illinois.

Dear Albert:

I have yours of the 29th. I am sorry to hear you are slipping. I am sure if you will read these books they will give you a lot of help. I know the advice is good but it is pretty hard to follow advice some time when your appetite is continually nagging for something you should not eat.

Just arrived here last week. You probably know I have sold my Sands Point residence. This residence was located just about half a mile from Julius Fleischman's old home. While I regret in some ways leaving this beautiful place, I am so much taken with Montauk I believe in the long run I will have a great deal more fun and more out of door exercise at Montauk than I get here. My new house at Montauk is completed and I am moving into it the 15th of this month so I won't be in New York at all this summer.

However, if you come east, I hope you will jump on a fast train which will land you at Montauk in two hours forty five minutes, or I will send an Aerocar into New York and meet you and bring you out to Montauk in three and a half hours. We have some marvelous golf courses there and they are not crowded.

I am hoping you are going to recover immediately and take a lot more interest in out-of-door exercising which will surely do you a lot of good.

Best regards.

Yours,

CGF:T

ALBERT D. LASKER
919 N. MICHIGAN AVE.
CHICAGO

May 22, 1929

My dear Carl:

I have been absent for some time on business and on my return find your letter of May 6th.

I was away, working - the first work I have done in a year - and I am glad to tell you that I feel better for the work. Maybe work is just what I need.

I was in New York for a couple of days but was so rushed with business I could not get out of town. However, I am hoping before long to go to New York again and at that time to take advantage of your good invitation to come out to Montauk. I have heard a lot about your golf course, and I am intensely interested to see it.

I am sending you by express Marshall's life of Washington in five volumes. I was fortunate enough to get a set for myself, and it immediately came to me that I knew of no one who would enjoy the set more than you; first, because it is unusually interesting to read what so great a man as Marshall had to write of the life of his great contemporary, Washington; second, because, as you may know, this was out of print for many years and in 1926 this new edition was run off, and the publisher, fortunately, had the good taste to put it out in beautiful form.

In between times at work, I hope you find occasion to thumb the pages of this work and get as much enjoyment out of it as I have.

I hope you are feeling fine, and with every kind regard, I am

Cordially,

Mr. Carl G. Fisher,
Montauk Point,
Port Washington,
Long Island, N.Y.

Albert D. Lasker

May 25, 1929.

Mr. Albert B. Lasker,
919 N Michigan Avenue,
Chicago, Illinois.

Dear Albert:

Many thanks for yours of the 22nd. I expect my books will be here in a few days.

I am just finishing a wonderful history of the reign of Henry VIII, and in this book I find details of the beheading of one of my great uncles in 1534 for mixing up into the politics and religion of Henry VIII and the times.

I am particularly interested in this history for the reason it gives splendid reasons for a part of the family getting into Germany and then from Germany to the United States in the early 1700's. At that time, my great relatives were either strenuous religious nuts or very bull headed in their ideas against the general opinion of the masses.

Best regards, and hope to see you whenever you are down this way.

Yours,

OGF:T

ALBERT D. LASKER
919 N. MICHIGAN AVE.
CHICAGO

May 29, 1929

My dear Carl:

I was much interested in what you wrote about reading the new book on Henry VIII. I only started same last night. I shall certainly be on the lookout for the story of the beheading of your relatives, and send you in advance my heartiest sympathy.

They have been killing off my ancestors for so long a time that I really have a sense of disappointment when I do not find out in history that they have done away with some of them.

My main reason is acknowledging your letter is that I want you to know that I, too, am of German ancestry. My family came over in the '40's. They left Germany because they differed with those who were in power there, so, you see, we have a heritage much in common.

With best regards

Sincerely yours,

Albert

Mr. Carl G. Fisher,
Montauk, Long Island,
N.Y.

Montauk

June 4, 1929.

Mr. Albert D. Lasker,
919 North Michigan Avenue,
Chicago, Illinois.

Dear Albert:

The beautiful books
have arrived. I have been away
to Indianapolis and just returned
Sunday. I have not had a chance
to read them yet but will get to
them at once.

Many thanks.

Very truly yours,

COF:T