

GOOD GRADES GET GOOD GRUB



OSCAR LIN/THE BEACON

Hannah Brown, Resident Life Coordinator, congratulated students at the annual Dean's List Gala for the University's housing students where a dinner was served in honor of those students living on campus who made the dean's list during fall 2013 semester.

Student government polls open this week

MADISON FANTOZZI
News Director

Elections start tomorrow for Student Government Council at both campuses.

Voters at Modesto Maidique Campus have two presidential duos to pick from: Coalition's Alexis Calatayud and Tiffany Roman and FIUNite's Philip Koenig and Adriana McLamb. Jazmin Felix and Camille Williams are running unopposed at Biscayne Bay Campus.

Koenig and McLamb's platform includes nine items, but their biggest point is working toward the creation of a website that would be a "one-stop shop" for students seeking University and community involvement

opportunities.

Calatayud and Roman's platform is 33 items divided among three points, and slogan, "better FIU, bigger FIU, best F-I-You."

Calatayud said they're not "reinventing the wheel," however. "We believe in realistic goals that match University initiatives."

Their platform includes points supporting FIU's plan for Tamiami Fair Ground Expansion, improvements in parking and public safety and meal plans and food options.

Calatayud is a sophomore majoring in political science and has been involved with Student Government Association since her second semester. She served

as SGA's governmental relations coordinator and organized Rally in Tally on March 26. She is also president of the Council of Student Organizations, member of the Multifaith Council and involved in Greek Life.

She used to be a member of FIUNite, but split from the group to start Coalition.

"FIUNite has a bad reputation with administration," Calatayud said. "It's not respected as a student voice."

Koenig and McLamb said they want to increase the student voice on campus, however, like within FIU's Textbook Affordability Committee, which the two want to work with to delay

SEE POLLS, PAGE 2

Panthers want course to combat corruption

NICOLE MONTERO
Staff Writer

A recent study by Integrity Florida, a public interest watchdog group in Tallahassee, said that the state of Florida leads the nation in national corruption. In the past year, three mayors in Florida have been arrested on corruption charges, supporting the group's study, with some of these cases of corruption in FIU's own backyard.

The most recent act of political corruption occurred just eight miles west of Modesto Maidique Campus, where Manuel L. Maroño, was accused of being involved in kickback and bribery schemes concerning federal grants while he was mayor of Sweetwater.

Miami Dade College professors have had enough of bad candidates and corrupt politicians; they introduced a six-month intensive fellowship, which focuses on identifying and

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I am a little embarrassed that Miami-Dade College did this first because the corruption is in our own back door and we didn't do anything.

Antonio Diaz
Sophomore
Political Science

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training political leaders.

FIU students and professors alike are eager for a program like Miami Dade's Candidates Academy.

Adam B. Cross, chairman at the Florida Federation of College Republicans, thinks that political corruption is an individual act usually solicited by people who are either in politics or influenced by it. Cross believes that corruption hurts the system and should be prevented.

based on two markets: Latin America and Latinos.

"It was interesting because, when I told my colleagues about my idea, the reaction was very negative," he said. "They said that this wasn't the business of a serious university and that universities should be teaching academics."

Under Gamarra, the Latin American department conducted a series of workshops with people who taught courses that included an ethics component or merely taught students how to run campaigns.

"Now, the department of politics and international relations and me are thinking about developing a full blown candidate management program aimed at candidates in the U.S. and also worldwide," he said.

Gamarra said that if a program like this was developed at FIU it should be under the

SEE COURSE, PAGE 2

Undergrads and alumni debut video game with SkyJoy

CHRISTIAN PORTILLA
Contributing Writer

While most students merely manage their classes and extracurriculars, a group of undergraduates and alumni figured out how to shoot a red panda out of a cannon in a video game they designed and programmed that is making its national debut in April.

The Super Kid Cannon developers, which drew inspirations from classics like Sonic and Donkey Kong, decided to give the game a vertical progression rather than a traditional horizontal format because of the way people hold and use their phones. Most screens

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It's not like angry birds where the levels get harder for no reason. It gives the gamer the idea that 'hey, I'm actually advancing here.

George Francis
Alumnus
Public Relations

”

also display and present content vertically.

Super Kid Cannon is the first vertical launcher video game for iOS, Android, Windows and Amazon devices.

"We wanted to give people a game that would be fun and easy to play," said George Francis, a

recent public relations FIU grad who served as the team's marketing director.

The students worked with SkyJoy Interactive, a multi-million dollar software development company based out of Brickell that

SEE GAME, PAGE 2

Provost Wartzok to step down from office

FIUSM STAFF

Provost Douglas Wartzok will step down from office on July 1, according to a memorandum to the University community from President Mark B. Rosenberg on March 21, which publicized Wartzok's email titled "The Time is Right."

Wartzok has been a faculty member for 42 years, having served as dean of graduate studies, vice president for academic affairs and interim provost in 2009 before being appointed provost in 2010 — an agreement between Rosenberg and Wartzok that he would only fulfill the position up to five years.

"As provost, he provided leadership through our presidential transition,

has led us in developing a new strategic plan and growing our institution. He has helped to improve the quality of students, ushered in a new era of engagement, and maintained and enhanced our research even as federal funding has stagnated," wrote Rosenberg in the memo.

In his letter, Wartzok wrote that he is ending on a "very high note" and was recently appointed Ocean Studies Board of the National Academies.

He'll also be taking his first sabbatical, starting July 1 in Australia with his wife Susan, the Libraries' head of cataloging.

"I hope to be back in a different, post-sabbatical role in 2015 for our 50th Anniversary celebration," Wartzok wrote.

WORLD NEWS

Syrian-Armenian town's fate murky after rebel grab

When hundreds of residents of the postcard-pretty coastal Syrian village of Kassab fled this week, it bore historic weight: it was the third time since 1900 that ethnic Armenians there felt compelled to run for their lives. They left once at the hands of vengeful Turkish neighbors, and later because of Ottoman forces. This time it was Syrian rebels storming into town. It was a heavy blow for the minority community that sees the town as key to preserving the Armenians' identity in Syria.

Afghan official: suicide bombers attack foreigners

An Afghan official says four suicide bombers armed with assault rifles and hand grenades have attacked an "office of foreigners" in a southwestern neighborhood of the capital Kabul. Deputy Interior Minister Mohammed Ayub Salangi could not say whether there were any casualties in the attack Friday. Ongoing gunfire could be heard in the area. He says one foreign national fled the area of the shooting, but he was told another six foreigners were still trapped inside. He says three of the suicide bombers were believed to have died but a fourth was still resisting.

Poll: Obama health law fails to gain support

Public support for President Barack Obama's health care law is languishing at its lowest level since passage of the landmark legislation four years ago, according to a new poll. The Associated Press-GfK survey finds that 26 percent of Americans support the Affordable Care Act. Yet even fewer - 13 percent - think it will be completely repealed. A narrow majority expects the law to be further implemented with minor changes, or as passed.

CORRECTIONS

In Vol. 25, Issue 78 in the article titled "Students for Justice in Palestine protest during Israeli campus events, Rayid Sakib was quoted saying "We are not going to talk with someone who doesn't think Palestine is apartheid." The quote should have read "We are not going to talk with someone who doesn't think Israel is apartheid."

The Beacon will gladly change any errors. Call our MMC office at 305-348-2709 or BBC at 305-919-4722.

Panthers take to polling stations

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the adoption of new and more expensive editions of textbooks.

Koenig said this was an idea he worked on as chief of staff for former president Laura Farinas.

"It would be highly effective, but we never got around to it," he said.

Koenig was fired and then attempted to run for vice president with Alex Castro, but they were disqualified because their application was allegedly filled out incorrectly.

Koenig said he doesn't want to work toward goals like creating more food options for

students on campus because he considers them intangible.

"Aramark and Business Services are bigger entities than us," he said. "We can be vocal on behalf of the student body, but we can't make promises we can't keep."

Both Koenig and McLamb previously served as lower division senators and interms. Koenig is an international relations major and McLamb is a sophomore political science major.

McLamb, a volleyball player, said she personally wants to lobby for her fellow athletes.

"Behind every great University is a great athletics department," McLamb said.

Points on their platform: collaborate with the Athletics Department to increase school spirit and student attendance at sporting events, and work with Recreation Services to improve and expand intramural field availability. McLamb's biggest push is to create an athletics senator position.

Koenig's own personal push is what would be involvement. fiu.edu.

"I'm a huge proponent of civic engagement," he said. "Miami is a great place offering

internship and job opportunities. We want to funnel those opportunities to FIU."

He pointed to how the SGA website is not very up-to-date, however, and said creating and running the site would probably take longer than his tenure.

"It would be a large-scale project up to \$50,000," he said. "We just want to lay the groundwork."

Elections are April 1 and 2.

For the full presidential platforms and a list of SGC candidates, visit FIUSM.com.

-madison.fantozzi@fiusm.com

Video game designed, programmed by students releasing early April

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is focused on casual and social games in the mobile market, specifically aimed at iOS and Android.

Edward Alvarez and Karim Blanche, both majoring in information technology, worked on the game's development with Francis and another alum.

Blanche, who started out as a quality assurance intern and now works in coding and developing, said the process was a learning experience.

"We're a tight-knit group," Blanche said. "We can communicate effectively and we have learned from each others knowledge."

Francis said the team wanted to go with a unique character for Super Kid Cannon, so they chose the red panda - a reddish-brown furred animal, slightly larger than a house cat, native to the eastern Himalayas and southwestern China.

Habitat loss, fragmentation, poaching and inbreeding depression presently threaten the red panda's existence.

"Most people don't know what a red panda is, so we thought it would be fun to use that animal. We just thought it's an amazing animal and also just to bring awareness," Francis said.

"The department of politics and international relations and me are thinking about developing a full blown candidate management program aimed at candidates in the U.S. and also worldwide."

Eduardo Gamarra
Professor
Department of Politics and International Relations

Kahn, who is the arch nemesis of Super Kid Cannon, is a snow leopard - the natural predator of the red panda and also an endangered species.

The objective of the game is to save Princess Justine, who was named after the CEO's wife's cousin, from the evil snow leopard Kahn, whose name was inspired from the team Star Trek fanatics.

"The cool thing about the game is there is logical and natural progression. It's not like angry birds where the levels get harder for no reason," Francis said. "It gives the gamer the idea that 'hey, I'm actually advancing here.'"

Super Kid Cannon was released in New Zealand earlier in February, and is

expected to be released the first week of April in the U.S.

The game will be available for free for download and the in-game purchases will be for costume additions that change the character's appearance.

With SkyJoy's venture, Blanche said the company is a prime example of Miami's expanding market and emerging tech.

"It's a good place for tech industries to develop. It's fertile ground," Blanche said. "Even though we're not the biggest market, we have the best opportunity."

-news@fiusm.com

Members of the University considers Candidates Academy

COURSE, PAGE 1

department of politics and international relations. Nonetheless, he thinks the University should do more than offer a course.

"I can teach a course at anytime," he said. "A course is easy, but I am talking about a program that would confer a master's degree in campaign management. A program like this will help students to not be ignorant and would help them know what's legal and what's not. It would also help them better behave while in office."

Raziel M. Chernerko, vice president for the FIU College Democrats, thinks that the University should have a program like this because in

his mind the country needs candidates who are able to step up and learn ethical values.

"One specific course or program may or may not alter someone's life, but I would say there's a lot of aspiring people who want to take the next step and run for political office," he said. "I would be the first one to sign up for a program like this and there really isn't any reason why FIU shouldn't already have one."

Chernerko hopes to one day work in the U.S. Senate and be able to give back to the country.

"A program like this will help me do this," he said. "Not everyone is going to change, but I would say that

it would serve as a great stepping stone to learn about values and know how to perform them."

There are countless students who urge FIU to implement a program similar to Miami Dade's. In the midst of those students stands Antonio J. Diaz, a sophomore in political science and government who is running for City Commissioner of District 4 in Miami.

"I think a program for FIU is a great idea. I am a little embarrassed that MDC did this first because the corruption is in our own back door and we didn't do anything," he said. "We should be more able to host a program, especially since [a lot] of our graduates go into politics."

Diaz believes that, for now, students and staff alike should start raising awareness and support what Miami Dade is doing. He said FIU should kick start its own program and that a program like this would teach people what they need to run, how to fundraise, how to treat others and how to be overall better candidates.

"I don't think a program will fix the corruption, but I definitely think that it's a step in the right direction," he said.

Administrators from the Provost Office and Governmental Relations were unavailable for comment.

-nicole.montero@fiusm.com

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CONTACT INFORMATION

Modesto Maidique Campus:
GC 210, Mon-Fri 9:00 AM-4:30 PM
(305) 348-2709
news@fiusm.com

Biscayne Bay Campus
WUC 124, Mon-Fri 9:00 AM-4:30 PM
(305) 919-4722
bbc@fiusm.com

Editor-in-Chief:
(305) 348-1580
brandon.wise@fiusm.com

Advertising:
(305) 348-6994
advertising@fiusm.com

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Bugging of prayer room compromises student safety

CRISTINA GARCIA
Staff Writer

As a student that has attended FIU for five years, much of my time is spent on campus; it's my other home. I know all the comfortable study spots, the best time to go to Subway and where to pray.

When I found out that the Serenity Room was bugged, as confirmed by Executive Director of the Council on American-Islamic Relations Nezar Hamze, it hurt and scared me. I no longer feel safe in the prayer room or anywhere else on-campus.

I'm writing today because I want justice. I want to know where that bug came from. At the very least, I want assurance from the University that it is a safe space for everyone, whether they're studying or praying. I want to know what steps they're going to take to make the campus safer for us.

After 9/11, hate crimes and excessive government surveillance spread to anyone from South Asia, the Middle East or anyone that looked "Arab." Many followers of Sikhism, a monotheistic religion founded in India that makes head covering mandatory, have been victimized.

Times got scarier when the government passed the Patriot Act and started making announcements that they were going to monitor emails and library materials. This was a time before I converted to Islam, before I ever read the Qur'an.

I went to the library one day, curious to find out about the "Other" that was constantly talked about in the news. I wanted to check out the holy book from the library, but I was too scared to even pick it up for fear I'd be mistakenly blacklisted.

The atmosphere reminded me too much of the Red Scare and

witch hunts of previous times which landed many innocent people either in jail or with a death sentence. To this day people are still in Guantanamo Bay limbo, held without "charge or fair trial," according to the Center for Constitutional Rights.

To find out that a listening device was found in the Serenity Room disturbs me to no end. Not only that, but also that it was found a year ago and the University asked the Muslim Student Association to keep it "hush hush," according to Farouk Farouk, the MSA president, in a town hall meeting.

"I no longer feel safe in the prayer room or anywhere else on campus."

At the meeting, someone said we were living in Orwell's "1984" world and that we shouldn't worry about it if we had nothing to hide. However, I'm not satisfied with just accepting it. In fact, if you have ever read "1984," you might remember how information was manipulated and changed to suit the government's needs.

Whole histories were rewritten, communities watched and scared into obedience to make sure no one stepped out of line. You should remember that there is reason to be scared.

Maz Jobrani, an Iranian-American comedian on the "Axis of Evil Comedy Tour," shared an experience he had when a friend of his saw a show and emailed him, jokingly asking him when the next terrorist group meeting would be.

Jobrani responded back with a

fake time and place, writing "haha" at the end to signify he was joking as well. The next day his account was blocked.

I will not be satisfied if this is just revealed and nothing gets done about it. I understand that as students on campus, we lose a certain amount of privacy. For instance, the University clearly states that the information we provide over the internet is passively collected in their privacy policy.

"The question I would have is who's was it?," said attorney Derrick Feinman, an FIU alumnus. "If you bug a room, it's the equivalent of putting an officer in there."

The University Police Department, Miami-Dade Police Department and the FBI all claimed it was not theirs. If it were theirs and they had a legitimate reason for spying, I'd feel safer, but we don't know to whom it belongs. We don't know if the bug's owner meant anyone in that room or in our school harm.

The University is here to serve us and our needs. If we need computers to get our work done, they buy computers. If we need more buses to reach our classes on time, they arrange something. Now students need this matter addressed to ascertain that the University is a safe place to study.

Why should you care? Because this is your university that someone snuck into and bugged. These are your colleagues, both Muslim and non-Muslim, that were victimized.

I thought I'd never have to choose between religion or public safety again, but it happened. I put the Qur'an down once, but now I'm holding on and picking up the pen. If this matter bothers you as much as it does me, I suggest you pick up your pen and voice your complaints to President Rosenberg at president@fiu.edu.

-cristina.garcia@fiusm.com

Studying under pressure is the trick

ARIEL WEINSTEIN
Staff Writer

If you look on the internet for ways to focus more during homework or studying, you will find endless tips and suggestions.

I learned to focus by growing up in a house full of noise. A brother who plays the drums, two siblings who bounce a ball loudly around the house, another sister who sings and two older brothers who always have some story to tell me in the middle of my work.

"I learned to focus by growing up in a house full of noise. A brother who plays the drums, two siblings who bounce a ball loudly around the house, another sister who sings and two older brothers who always have some story to tell me in the middle of my work."

Add onto the craziness three dogs, my mom telling me to pick up my laundry and my dad reminding me for the millionth time to backup my computer. That is my typical study space.

Although it may sound as though there is no hope for good grades in that environment, being forced to work in a setting like this helped me learn to focus.

Don't get me wrong, it took me years to master the skill of blocking out bouncing balls, banging drums, high pitch singing, barking and parental interruptions, but I can honestly say I came to college with one of the most valuable skills one can possess – the ability to work in any setting.

I feel that if a student can learn to block out noise and chaos, they will not only have a skill to focus more on homework, but they can carry this skill to other aspects of their life.

People study using different tactics. Everyone needs to find what works for them then they need to stick

to it. Only then will they be able to accomplish everything they want and more.

I am in no way saying to go write your history paper or take your online final exam at a club or sporting event, but maybe do some reading in the dining hall or outside in the lounge of your dorm where people are talking. Get used to noise.

I know quiet and isolation helps us focus because there are little to no distractions, but I honestly feel that if a student slowly puts himself into a

slightly noisy setting, their brains will have no choice but to focus more.

Little by little, you will have the ability to do homework, study or read pretty much anywhere. I feel this is so important because it trains you for a work setting.

At an office there will be people walking past you, phones ringing, nonstop talking and you will find yourself in the midst of chaos. Focusing on your work may become painfully frustrating because you cannot handle any noise as you try to work.

However, if you train your mind to block out noise starting now, you will eventually have the ability to do anything you set your mind to in any setting.

Maybe you don't have the luxury of being completely overwhelmed by siblings, parents or pets, but I am sure you will be just fine going outside. Master the art of focusing anywhere and everywhere.

-ariel.weinstein@fiusm.com

THE COST OF COMFORT



KOURTNEY SINCLAIR/THE BEACON

SEND US YOUR LETTERS

Have something on your mind? Send your thoughts (400 words maximum) to opinion@fiusm.com or drop by our offices at either GC 210 or WUC 124. With your letter, be sure to include your name, major, year, and copy of your student ID. The Beacon will only run one letter a month from any individual.

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Many performances to look forward to in April

JUNETTE REYES
Entertainment Director

The month of April will see several bands and artists come to Miami for some entertaining live performances. Luckily for FIU, our student radio, known as WRGP Radiate FM, will be giving away tickets to several of these acts coming to Miami this upcoming month.

The first to come to Miami will be the act known as Local Natives. Local Natives are an indie rock band from Los Angeles comprised of vocalist Kelcey Ayer, drummer Matt Frazier, bassist Nik Ewing, and guitarists Taylor Rice and Ryan Hahn. The band will be performing at the venue Revolution Live in Fort Lauderdale on April 14. Tickets are priced \$21.50 in advance and \$23 on the day of the show.

The second and third act to come to Miami will be The Used and Taking Back Sunday, who are currently on the road together on tour. The Used is an alternative rock band from Utah

comprised of lead vocalist Bert McCracken, drummer Dan Whitesides, bassist Jeph Howard, and guitarist Quinn Allman. Taking Back Sunday is an alternative rock band from New York comprised of rhythm guitarist Eddie Reyes, lead guitarist John Nolan, lead vocalist Adam Lazzara, drummer Mark O'Connell, and bassist Shaun Cooper. The Used and Taking Back Sunday will be performing at Revolution Live in Fort Lauderdale as well on April 26. Tickets are priced at \$30 in advance and \$32 on the day of the show.

The fourth act to come to Miami this upcoming month will be Mogwai. Mogwai is a Scottish post-rock band comprised of guitarist Stuart Braithwaite, bassist Dominic Aitchison, drummer Martin Bulloch, and guitarists John Cummings and Barry Burns. The band will be performing at the venue called Grand Central in Downtown on April 29. Tickets are priced at \$25.

The fifth act to come to Miami during the month of

April will be Haim. Haim is a pop-rock band hailing from Los Angeles and comprised of sisters Alana Haim, Danielle Haim and Este Haim. Este, the eldest of the three, plays the bass, Danielle, the middle sibling of the three, plays lead guitar and is also the lead vocalist, and Alana, the youngest of the three, plays rhythm guitar as well as the keyboard and percussion. The drummer of the band is Dash Hutton. Haim will be performing at The Fillmore Miami Beach at Jackie Gleason Theater on April 29. Tickets are priced from \$25 to \$35.

The sixth and final act coming to Miami in April will be none other than Vampire Weekend. Vampire Weekend is an indie rock band hailing from New York City comprised of lead vocalist Ezra Koenig, producer, keyboardist and guitarist Rostam Batmanglij, drummer Chris Tomson, and bassist Chris Baio. Vampire Weekend will be performing at The Fillmore Miami Beach at Jackie Gleason Theater on April

FOR THE LOVE OF MUSIC



JAHREL FRANCIS/THE BEACON

Gianmarco Lominchar, freshman in chemistry, sings along to the sounds of his guitar. After performing the song "Whatever You Like" by T.I., Lominchar explains, "I do this because I love music."

30; however, tickets for this show, which were priced at \$42.50, are completely sold out. Luckily for fans of Vampire Weekend, a second show was booked at The Fillmore on May 1. Tickets for the second show are also priced at \$42.50.

As previously

mentioned, WRGP Radiate FM, FIU's student radio, will be giving out tickets to each of the mentioned performances. To find out more about the ticket giveaways, tune in either at 88.1 in Homestead and Kendall, 95.3FM in the general Miami area, 96.9 in North

Miami or online at wrgp.org. You can also find them online and follow them on Twitter and Facebook by searching Radiate FM to keep updated on the ticket giveaways.

-junette.reyes@fiusm.com

Tremends musically inspired by the city of Miami

JUNETTE REYES & DIEGO SALDANA-ROJAS
FIUSM Staff

In collaboration with WRGP Radiate FM's program titled Local Radiation, FIUSM has had the chance to interview several up-and-coming as well as established acts in the Miami scene. Some of these artists include Panic Bomber, Smurphio from the local electronic funk band known as Afrobeta, Jean Jacket, The Cornerstoners, Flight Williams from the collective rap group known as Outta This World, Juan Turros and Michelle Forman of ¡Suénalo!, DJ and producer Jesse Perez, The Halfways, and Millionyoung.

This time around, FIUSM got to sit down and interview lead vocalist and guitarist Juan Rozas of the local rock band named Tremends. Tremends is additionally made up of drummer Alejo Rozas and bassist Alex Posada.

How and when did Tremends form as a band?

Juan: Since we've been playing like we are now, a three piece band, since 2012. But a little bit before, a year in a half before when we were forming, we played with more friends. We were five

at some point, at some point we were six, then four and now we're three. The way it works, I think we're very well connected. We've known each other for a while and we understand each other fast. For sure, it eliminates a lot of issues, drama whatever, too many opinions and you get slower. The three of us, we almost don't have to talk. We know where we're going. Although playing with the people we used to play before was very nice, we are now simplified. It's like less luggage; you get a bag and you go. That's how I see it, less weight.

How do you come together as a band to write your music?

Juan: Most of it started with Alejo, who is playing drums. Before he was playing bass and played guitar for a while. And me, we do most of the writing of the songs. Alex, she's now playing bass. At the beginning, we had the idea that she was going to play drums. Which she does now in a couple of songs. She's starting to put her input little by little. She's a little shy but now that we're three, it's easier for her to input. It's almost there that she's going to come up with a song. I know she has something to show.

How do you guys work during live performances?

Juan: It's very simple. How I took it once we simplified it, with the gear we use and everything, it is the bare minimum. I just have



NATALIE BOJORQUEZ/THE BEACON

Pictured is lead vocalist and guitarist Juan Rozas of the local rock band Tremends. Tremends is additionally made up of drummer Alejo Rozas and bassist Alex Posada.

a distortion pedal and a delay. My guitar is very simple. From that, we kind of work it with the minimum trying to make something happen. The three of us are very raw and simple. Now and for the festival, there is a friend that is here temporarily and has played with us at the last two gigs,

he's playing with a controller and computer adding little noises and sounds. That's temporary but we like experimenting. Basically, the band is very simple: the drum, the bass and the guitars and playing with the vocals.

Do you improvise during live performances?

Juan: It depends. Lately, not so much. We have half an hour, we take the set and that's it. But we're open for that. We like it.

Since the band has gradually

decreased in size over the years since the formation, how do you make up for the lack of fullness in the sound?

Juan: It has been a year, so it gets full. At the beginning it's very raw, very simple. It's very enjoyable actually. When you go from five people to just three, it's just the bones. But it gets full on its own.

Do you have any new material coming out soon?

Juan: We are working on an EP. We are recording five songs. We're bilingual, so we're doing four songs that are in English and one in Spanish. We have a friend producing, Martin Chan. He used to play in Volumen Zero. We've been friends for a while, for many years. I've always wanted to do something with him and now through Dean, our manager, we got to talk professionally. With your friends, you want to do something with your friend and sometimes you do, but sometimes everyone goes their own way and does their own thing. But to really focus on professional work, sometimes it's not that easy.

So Dean finally got us together

SEE BAND, PAGE 5

A sit down with the band members of Eagle Chief

**NATALIE
BOJORQUEZ & DIEGO
SALDANA-ROJAS**
FIUSM Staff

In collaboration with WRGP Radiate FM's program titled Local Radiation, FIU Student Media has had the chance to interview several up-and-coming as well as established acts in the Miami scene. This time around, FIUSM got to interview local act Eagle Chief, which is comprised of bassist and vocalist Nacho, guitarist Eddy and drummer Alex.

Prior to being Eagle Chief, you were known as Arboles Libres. When did you guys formally start Arboles Libres?

Eddy: We hit our five-year mark about a month ago so that ran on for five years. And then now Eagle Chief is a brand new project, which is starting fresh basically.

And where did the name Eagle Chief come into play?

Eddy: We used the name about three years ago for a show we were playing at Churchill's and that was the first time we used it. Because we were playing another show and we couldn't use Arboles Libres, so we used Eagle Chief to get away with playing the gig and not having to use our actual band name. But that wasn't even serious, that was just foreshadowing in a sense. Then last year we actually became a concrete band called Eagle Chief.

What would you describe your sound as?

Nacho: Simple rock and roll. It's really not experimental, as it used to be before, before it was just seven to eight minute-long

songs all of the time. Now the format is really simple. It's very rock and roll.

Eddy: We were considered psychedelic pop before. Which is cool. It's all right, it's not bad. Just I never looked at it that way. As far as what was talked about is that we went from psychedelic pop to rock and roll. Which is nice. We always wanted to play rock and roll. I guess it never worked with our project Arboles Libres. That's definitely our sound now, I'd say.

How did you transition from one to the other?

Nacho: When we hit the road that was a big thing for us. Being able to experience that. Playing with all the bands, different venues and different cities every day. It made us grow and understand really where we were heading. It's just that when you stay in one place, you kind of stay stuck on an idea. When you're actually out there you see and discover where you want to head. If you don't hit the road you are never going to understand that. That was definitely a part of it, being on the road, changing instruments, everything completely went in that direction. We're still working on that direction because it's a brand new project. So right now we're in that point of experimenting, trying to find that line that we're looking for to be able to act in. So it's pretty interesting for us.

Eddy: More of a journey of self-discovery at this point. I believe it's already had a direction. They had everything almost. They just needed us to be Arboles Libres; that was always easier. Now it's like, we're creating a whole new genre and a whole new sense and style that we're bringing

from Arboles Libres but creating a new way of performing it.

Are there any instruments that Arboles Libres used versus Eagle Chief or are you guys pretty much the same band?

Nacho: It was two guitars and drums. It was Eddy and I on guitar. There was no bass. We would bring in different people for the record, for the last record of Arboles Libres and we'd just invite people when it was time to do something, collaborations. This time I'm on bass now so it changes everything. The writing process, practice, rehearsing, getting the ideas for the new record. Everything completely changed because now we think about that low frequency that we never had.

When is the next record coming out?

Nacho: We're working on it now. We're in the pre-production, finally. We found the studio and hopefully we're going to record everything analogue. So we found this really cool studio. Everything is completely analogue to digital. So we're going back to where it is, to the real sound. It's more about location and settings than music. We already have all the new music written. It's just a matter of who's going to really capture it, basically.

In your music, there are a lot of instrumentals in the intros. How do you keep your audience's interest as you go?

Eddy: By enjoying it.

Nacho: Yeah we don't think about pleasing anybody. I'm sorry guys. But that's not the idea. We just

enjoy playing and that's that.

Eddy: I'm surprised when people tell me [it's] just the fact that we look like we're enjoying it so much. I remember back when we first started that was a big thing. "You guys look like you're enjoying it." That's what we do. That's why we play in general so then everyone else can enjoy themselves; that's a big factor in performing. Like you could be destroying your instrument and making a great sound come out but if you're standing there making it seem like someone made you do it, it affects the audience and the overall energy. So to keep someone going in a long intro is actually enjoying and have them see that you're enjoying it and they start enjoying it.

Do you feel that's an issue in music nowadays where there are some bands that don't really care?

Eddy: It happens but it's with someone that wants to enjoy playing as opposed to the people that just write solely on one mission, to get famous and having everyone enjoy that popular sound.

Nacho: You see it happening all the time but I feel like it's always going to happen no matter what. But it happens more when you're in the big leagues, when you have people telling you what to do. It's probably a hassle for the people that actually want to do it for real. We're in a process of just playing music. We have no idea where it's going to take us. We have no plan. We just want to make music.

What is your writing process like?

Eddy: Having something to arrange. That's pretty much it. The rest happens

with the three of us. It's a very collaborative form of writing.

Nacho: It's cool because we all bring ideas, even the drummer creates songs. He doesn't play guitar or anything to write music with; he's just a great drummer. And he has all these ideas in his head. He goes like, "Oh, I want to try this" and then we actually understand what he's trying to say so we play what he's trying to do and tell us what is his on the drums. The process is pretty cool.

Are there any recurring themes in your music?

Nacho: It's really political.

Eddy: I tend to go childhood-experience-lyrics. Like observational lyricism and then like an indirect protest kind of thing.

Nacho: We talk a lot when we're together. And we touch different subjects like government, lives, food. Anything that is a movement, especially with everything that's happening we tend to take stock and just listen to music and just talk about everything. The music just takes off from that. That's the cool thing we don't just sit there and say, "let's be a band and write about what other bands are writing about." It doesn't matter what we're writing it's just like.... We actually say like, "we're too personal. Let's have fun."

Nacho: As much as we try to be happier rock and roll. It always seems to take a reality turn. Man, it's so hard not to write about this.

What do you think about the music scene in Miami?

Eddy: Well I'll tell you one thing, when I first got asked that question about five years ago, I could say it's definitely doing better now than the first time I gave that answer. And the first time I answered I said that it's a very small and immature scene comparatively with New York, Chicago, LA. But in the last five years, it has grown. Tons of bands, tons of great bands.

Nacho: Amazing bands.

Eddy: People just come out of nowhere and I love it. Music is a great form of art and on the surface people come here for Ultra or the club scene or the beaches. Things that are cool but have nothing to do with the growing music scene, the underground. And now it's coming very close to that surface. People come here for big festivals and actually have chances and opportunities to be close to the Miami local scene. And I think it's doing great. Probably not with the big boys but people know that we exist.

Nacho: I'm happy with what's going on. I feel that everybody's so creative. The Jellyfish Brothers, I love them. They're cool guys and they're always creating these cool festivals and bringing different bands from all over Miami. The Jacuzzi Boys is another band that's doing its own thing, the way they do it. I think it's pretty cool. We have Deaf Poets, Catchy-chewy, the list goes on and on. Rachel who is not with us now, but she's part of this. She was a pioneer of this crazy scene. So I feel that we have a long way to go but it's coming along pretty cool.

-life@fiusm.com

Local act Tremends discuss Miami, music and performances

BAND, PAGE 4

and I'm really happy. I've wanted to work with him for a while and he's a beast producing. He's really good. He's producing a little more musically. We come with a song and he's been adding his own creativity and input, which we're very happy that he is doing that. I'm super happy with what's going on. Now it's ready for the mixing and mastering. I can't wait for that to be ready.

How did you get involved in the Trans-Atlantic Festival?

Juan: Well, this is also again through Dean, our manager. He got us in the festival and we are super happy with the bands. Before, we were going to play on Friday with Esteman from Colombia and Astro from Chile. I was very in love with that

idea and I wanted to meet the guys from Astor but then we changed from Friday to Saturday. Afrobeta is also opening. They were playing Friday but then we switched. Now they're playing Friday and we're playing Saturday.

I'm super happy about that too because we're playing with Courtney John Project and Bombino, which I love. I love the place. The place is right next to the ocean, it's like a little amphitheater. To start off with, I love Miami. I love the ocean and the moon and the huge beautiful clouds and to be playing right there, the feeling is just great. And the mystique of these bands, like Bombino's music, I love, it just transports you. I'm very happy to be opening that night.

Is the city an influence to your music?

Juan: I didn't realize how strong of an

influence it has been. Because if I think about it, I wrote this song here and I wrote this song there. But every place where I wrote a song, it was in Miami. I had another band before and we travelled and maybe I wrote a song in Spain or here and there but most of the songs are from Miami and inspired here. It was Miami inspired. Not Miami but the mystique of the place. I think it's because the ocean is too strong, the huge full moon when it comes out. I think it has had a lot of an influence with us. Musically, absolutely.

What do you think about the audience in Miami?

Juan: Great. The audience is great here in Miami. I've played with other bands before. I've seen it before Tremends, something was happening. The vibe. Bands were getting really good and fun and the people

were getting really into music. They always were but not so many people. Now there's more people going out there to see more people live.

And what do you think about the local scene and other bands as a whole?

Juan: It is very supportive. There is good and healthy communication and friendship between the bands. Very good, actually. Usually when you play, most of the people watching the bands are other bands. We find that everyone is into arts but so many of these other bands and their friends, we become friends. They're really supportive of each other. There's good collaboration there. We're open to that. There are things happening. Collaborations and friendship. Right now, it's a nice moment.

-life@fiusm.com

SAND VOLLEYBALL

Buck-Crockett: 'we are doing this to bring a national championship to FIU'

OSCAR BALDIZON
Staff Writer

The Panthers are picking up right where they finished last year's stellar season and performing even better in only the sand volleyball program's second year on campus. At the helm is Head Coach Rita Buck-Crockett who has found a home here in South Florida where she is pioneering a sand volleyball program that could become the pride of FIU.

FIU has already surpassed the amount of wins they had last year with a 9-2 record so far. The surprising part is that they are doing it with a very young team that is dealing with injuries and still finding its' identity.



BUCK-CROCKETT With Jessica Mendoza out, Giovanna Pasos, a freshmen from Brazil, has stepped into the first team spot and hasn't missed a beat with her No. 1 tandem partner, Jessica Gehrke. There are also three freshmen, from an amazing first recruiting class for Buck-Crockett, that are starting on the top five teams this season which speaks volumes about the depth on this team.

"The character of this team is at a level of almost reaching "Miami swag;" where no matter who we plug in to play we feel like we got a great chance to win every match," Buck-Crockett said.



JAHREL FRANCSI/ THE BEACON

The Panthers went undefeated in every match against each of their opponents March 25.

Facing top-tier competition

When FIU went to the AVCA National Sand Volleyball championships last year and was the only college to have two teams finish in the top five, they set a standard for what's to come with this program over the next few years.

Buck-Crockett recognizes during the program's inaugural season there were players still learning the game and there was lot more teaching going on than coaching. Players still

had to learn the basics and there were a decent amount of girls from the indoor program playing as well. After a great showing at AVCA's last year, Buck-Crockett wasn't shy during recruiting this off season and she has raised the level of athlete in this program. Now with a solid group of actual sand volleyball players the team is able to move faster through its progression and focus more time on strategy and tactics.

The Panthers haven't shied away from a high level competition in the regular season

either. It is now halfway through the season and FIU has already squared off against the likes of Florida State University and Georgia State. Both of which the Panthers ran into at the finals of the AVCA championships last year. The team was still figuring out its rotation early on in the season when they faced FSU and Buck-Crockett attributes a "bad day," for the loss to GSU.

Championship dreams

FIU still has two big competitions left this season including the FIU Surf & Turf Tournament and Siesta Keys Tournament. They will face off against teams such as LSU, FAU, and FGCU giving the team a chance to continue improving.

Buck-Crockett could be cautious, or even wary, on the topic of national championships, like most head coaches that prefer to stick to clichés, but she is a different breed of coach. The former Olympian commands respect and has everyone on the team buying into her vision.

"It's obvious in my mind what we want. We are doing this to bring a national championship to FIU, that's why I'm out here coaching, and that means molding the culture of the team and everyone involved into a professional and championship mindset," Buck-Crockett said.

-oscar.baldizon@fiusm.com

FOOTBALL

Former player keeps dreams going after injuries

RHYS WILLIAMS
Staff Writer

It's easy for an athlete to think that after they hang up their uniforms and shoes for the final time that their life is over or that the one thing that got them through countless days is done.

That mindset was not the case for Ceedrick Davis.

Davis played at FIU for the 2010 and 2011 seasons and wore number 72 while playing on the offensive line.

He was a member of the team for both bowl game appearances: the win against the University of Toledo in the 2010 Little Caesars Pizza Bowl and the loss to now Conference USA opponent Marshall University in the 2011 Beef O' Brady's Bowl.

The Gainesville born, Jacksonville raised athlete who came in at 6-foot-4 and 305-pound to FIU was a recruit to the former head coach Mario Cristobal era.

"I was first noticed by FIU as a freshman in high school and then I moved to Jacksonville and they found me again as a senior," Davis said. "They offered me [a scholarship] in the fall of my senior year; it was under Cristobal but specifically [former coach Jeff] Popovich as he was the recruitment director for that area."

Davis knew from his early playing days that he was primarily an offensive player.

"I told my coach in high school that I only played offense because I always like to know what I am doing," Davis said.

This past season would have been the swan song for Davis' playing days, but injuries ended his career early.

"I have a very bad back injury. It is three levels of herniation including scoliosis and spinal stenosis. A combination of injuries led to ending my playing. They kinda took over," Davis said. "There are other things to life than football."

Davis was able to keep his scholarship after obtaining the injury.

"With injuries it is all about timing. Luckily for me I got hurt here at FIU so the football program is responsible for taking care of me," Davis said. "Guys that get hurt prior to getting in usually have to pay for their own stuff. FIU is not responsible and they don't want to spend more money than

they have to. Fortunately for me I was able to have both my medical and academic bills paid for."

He has proven in the time since his playing career ended that playing may end, but you can still be involved in football while accepting other responsibilities.

"I'll have my four year degree in liberal studies after I take one final class in summer," Davis said. "I am a musician as well. Football is one-third of my life."

The musical side of Davis is most in tune with the genres of R&B and hip-hop.

"There is something about R&B mixed with hip-hop that makes it almost like singing poetry. When you listen to rappers like Wale, Kendrick Lamar and Drake they kinda revolutionized the way that we view music," Davis said.

Davis is not a big fan of auto-tune. Instead he's a big fan of the Temptations, Luther Vandross and Marvin Gaye. He said he's really into Motown music because it's real music made with real instruments.

"I have seven songs out to date through CuttBoiEntertainment and my most recent song is from the house genre," Davis said.

Although through his injury he has stayed connected to football.

"I am currently the offensive line coach at Ronald W. Reagan Doral Senior High School. I have always wanted to coach football and I figured that if playing didn't get me to the professional level, then I could coach," Davis said. "Not everyone goes to the pros. I want to be able to push young



BEACON FILE PHOTO

Former Head Coach Mario Cristobal was the person in charge when Ceedrick Davis began his collegiate career.

individuals to the same heights that I reached and higher."

Davis thinks the thing that's missing in our school systems is role models. He thinks he can be that at the high school level.

"You can learn anything in football. Football is a sport that you can learn anything, whether you play it or not," Davis said.

-rhys.williams@fiusm.com

“Football is a sport that you can learn anything, whether you play it or not.”

Ceedrick Davis,
Former Offensive Lineman
FIU Football



QUIDDITCH

Rivalries rule sports, even quidditch

JUNETTE REYES
Entertainment Director

In the history of sports, there have always been rivaling teams. It's clearly present at the professional level, with rivalries such as the one between the Boston Celtics and the Los Angeles Lakers in the NBA, the Boston Red Sox and the New York Yankees in MLB, or the Washington Redskins and Dallas Cowboys in the NFL.

It is also very much present at the collegiate level, with rivalries between universities such as Auburn University and Alabama University, University of Virginia and Virginia Polytechnic Institute and State University, and, more locally, Florida State University and University of Florida. The same goes for FIU, with Florida Atlantic University being our main rival in most of our sports. But there is one sport in particular that has an unexpected rival: Muggle Quidditch.

According to Casey Lamrouex, the team captain of FIU's Quidditch Club and a senior majoring in architecture, the team has a rivalry with Florida State University.

"I think our biggest actual rival would probably be FSU because we beat them last year," Lamrouex said. "It's a friendly rivalry. We always like playing against each other; we always had good games against each other."

The Quidditch team at FSU and our team have only played against each other a total of three times. Of those three times, FIU's Quidditch Club has only won once.

"We've only won one, but they have always been close games. Not like at regionals this year where we heard some stories of teams losing 220 to zero," Lamrouex said.

Besides having beat FSU's team recently and the closeness of the scores in all three of their games, Lamrouex considers FSU our rival in Quidditch due to the fact that they are rebuilding themselves as a team just as our team is doing.

"They're rebuilding kind of along the same lines we are. They used to be one of the really good teams but they lost a lot of people. So, they're just trying to get back into it. It's the

same with us. A year ago, we actually didn't have this team for a while. We weren't sure if we wanted to keep doing it or not. Most of our players had left. I think we had a core group of maybe four people including me. So, we're kind of along the same story," Lamrouex said.

In addition to rivalries between teams, there always seems to be one team that almost every other team in a league, as well as fans, can agree is commonly disliked. Such is the case with the New England Patriots in football, the Miami Heat in basketball, and the New York Yankees in baseball.

The same can be said for Florida teams in the International Quidditch Association, including FIU's Quidditch Club.

That one team in the Quidditch league is called Florida's Finest Q.C., a team put together by Sean Pagoada who just so happens to be a student in his junior year at FIU.

Although most of the Quidditch teams are associated with colleges and represent their respective schools, it is allowed in the rules for teams to be created without any ties to any organization.

"He had been a player at USF in Miami but he decided he wanted his own team and at the time he wasn't going to a university, so he started his own team called Florida's Finest. He kind of has a rivalry with everybody because he just kind of put a message out on Facebook saying 'Hey guys, if you don't really want to play for your school anymore, I'm getting an all-star team together,'" Lamrouex said.

In addition to Pagoada himself, some other FIU students on the Florida's Finest Q.C. team include freshman and landscape architecture major Dominic Mack.

"He didn't really steal but he kind of took some players from some other schools, which they weren't exactly happy about. Everyone kind of has a rivalry with him because they took it as a challenge. Some people take it a little more seriously than others, but it's always fun," Lamrouex said.

-junette.reyes@fiusm.com

COLUMN

Rugby players more than meets the eye

COLUMNIST



VERONIKA QUISPE

When people think "rugby" most think of huge rugged jocks that would destroy anything in their path.

However, after traveling for eight hours with the FIU men's rugby team to and from Tampa, I found myself oddly mistaken.

They physically fit the stereotype, yet they are far more than muscles. Not only do they have kind personalities, but they deliver themselves with such great passion on and off the field.

The men were headed to face the University of South Florida for a shot at qualifying in their final game against University of Central Florida.

The trip began by team captain, Kyle Gilbert, taking a head-count.

Some teammates were unfortunately missing due to previous arrangements such as work and family.

While on the road the team quickly began reviewing certain plays to focus on. They also argued what was best for the team, as far as substitutions and starters.

Then, it was time for "pump up" music, and to my surprise, Michael Buble's Feeling Good filled the air.

Everyone began to sing along happily and excited for what was to come.

Muhammad Ali's motivational speech came next and it resonated deep with the team as they pumped their fists in the air and recited along with eyes focused.

Finally at USF, we were welcomed by the USF rugby team having a rigorous warm up, a "form of intimidation" I was assured. FIU settled in and one by one began to stretch. USF was packed with coaches, fans, trainers and more players than FIU.

Yet none of the Panthers looked worried or concerned, even when they were missing their coach. Gilbert, began leading warm ups as soon as the rest of the team arrived on the field.

The team looked fierce and ready to play.

There was so much to look out for, between kicks, passes, lifts and tackles, that I felt sorry for the ref. I noticed why conditioning was very important to these guys. For those who didn't know; even when a player is tackled to recover the ball, the game does not stop. Other teammates have the opportunity to recover the ball from the man down and continue running.

All, while wearing little to no body protection at all. This was different from your average football game. You

couldn't keep your eyes off the game because the ball kept flying back and forth from team to team. Each tackle felt harder than the last; after being laid out by multiple 200 plus pounds guys the players kept getting back up and running. Most came out hurt, scratched or bleeding, yet no one complained or even noticed. Therefore, rugby happens to be one of the most interesting sports to watch.

Even the bench began to be overly excited as they saw their teammates destroying USF. Argentina is very well represented in the FIU rugby team, so most of the plays and calls by the teammates were in Spanish. Having USF players extremely confused and the coaches very amused.

Even with the upset, USF congratulated FIU and invited them to the traditional post-game social. I think it's safe to assume that this could be every rugby player's favorite part of the game. As soon as FIU walked into the PJ Dolan's Irish Pub things began to get rowdy. Both teams celebrated the game as if both of them had the victory. Man of the match was named, and USF had its own personal award a tacky pop art shirt for their best player.

Said shirt fit him three sizes too small, yet he wore it with pride along with his cowboy hat. Both teams joined at the

stage and sang songs that are a bit too explicit for the general public, which made them all that more exciting.

But they were happily dancing around the pub and sharing stories. It was a Saturday afternoon filled with wings, beer and good friends celebrating a game they're passionate about; which is some of the best moments in sports.

I've been covering the men's rugby team for these past two seasons, and they have definitely proven themselves to be dedicated and hardworking with this trip.

Being an unpopular sport, they go through financial struggles to keep their team alive, yet they manage.

This season has brought a few new players; even as rookies they talk as if they've been playing this game all their lives. Some have even considered taking this game as a career by joining the pro leagues.

All this effort has landed them in second place in the state with the conference championship almost at their fingertips.

Which is way more than we can say about other teams that have more than enough resources for their sport.

-veronika.quispe@fiusm.com

ALL HE DOES IS WIN



BEACON FILE PHOTO

Head Coach Jake Schumann (right) of the softball program recently achieved career win number 400.

FIU BASEBALL

April 1 - Bethune-Cookman Univ.

April 4 - Old Dominion Univ.

April 5 - Old Dominion Univ.

April 6 - Old Dominion Univ.

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Less sleep causes more stress, study suggests

SOFIA GALIANO
Staff Writer

Students who put off sleep to cram for an exam may also be losing brain cells, according to a recent study published in *The Journal of Neuroscience*.

Researchers of the University of Pennsylvania found that mice experiencing extended wakefulness had a decline in locus ceruleus neurons, which are responsible for alertness, suggesting humans who stay up for long periods of time may be subjects to permanent brain cell damage.

“When you don’t sleep enough you deplete neurotransmitters,” said Dr. Liane Dornheim, staff psychologist for Counseling and Psychological Services, who specializes in Neuropsychology.

Dr. Dornheim said it is very common for University students to visit CAPS because of sleep-related issues. “They don’t sleep enough,” Dr. Dornheim said.

She continued saying that many times students are stressed about school, finances and relationships, and this in turn causes them to suffer from sleep deprivation.

Some students said sleeping becomes a challenge when they have a test coming up.

Tamara Phanor, sophomore biology major, said she would stay up past midnight to review for an exam, but the mere idea of test-taking makes her anxious and obstructs her ability to fall asleep.

“When I have exams I have anxiety,” Phanor said.

In order to feel refreshed in the morning, Phanor said she would have to

be in bed by 11 p.m. and wake up at 7 a.m. to get at least eight hours of shut-eye.

According to Dr. Dornheim, that sounds about right.

“The average person needs eight hours of sleep,” Phanor said.

However, students who have to balance academics and their careers know how difficult it is to get a good night’s sleep.

Sebastian Gonzalez, sophomore majoring in international business and marketing, said he sleeps well, making it to bed by midnight, but his job forces him to stay up until 2 a.m. two days out of the week.

“
Life’s a roller coaster of being tired and drinking coffee.”

Priscilla Nemirovski
Junior
English Literature

Likewise, Priscilla Nemirovski, a junior studying English literature, said the study results make sense as she too puts off sleep for her job and to complete class assignments, but she feels she steadily spends her days trying to replenish lost hours of sleep with caffeine and exercise.

“Life’s a roller coaster of being tired and drinking coffee,” Nemirovski said.

Stress triggers poor sleeping habits, but

A CHALLENGING DISCUSSION



MARIA LORENZINO/THE BEACON

Leonardo Ferreira (left), professor at the School of Journalism and Mass Communication, moderates a round table discussion about legal and ethical challenges and opportunities for journalists in Latin America at the 31st Annual Journalists and Editors Workshop on Latin America and the Caribbean. Also present for the discussion were Lynn Carrillo (seated, left) Attorney for NBCUniversal and Telemundo, and Victor Uribe (seated, right) Professor of Law and History and Chair of the Department of History.

Dr. Dornheim said people become more stressed when they don’t have a regular sleep regimen.

Vaasha Ramnarine, freshman majoring in environmental engineering, said her bedtime varies depending whether she is studying or is simply enjoying a night out with friends.

Ramnarine said although she tried to correct her troubled sleeping pattern, she failed.

“I’ve tried going to sleep earlier, but my body won’t let me,” Ramnarine said.

This cycle is what Nemirovski was referring to, and Dr. Dornheim said it is why some people have visited CAPS.

Dr. Dornheim said patients suffering from stress-related matters are referred to a multiple-session workshop that helps them develop sleep hygiene.

As a result, students can reduce stress in their lives, while preserving their brain cells.

-sofia.galiano@fiusm.com

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Campaigning runs through April 2 and elections start April 1. For the full list of candidates, visit FIUSM.com.

CNN correspondent offers advice to journalists

ALEXI CARDONA
Staff Writer

CNN’s chief political correspondent said her first boss told her that the public would never accept a woman’s voice as an authority.

Since then, Candy Crowley has become an international reporter, covered all but one of the national political conventions since the presidential nomination of Jimmy Carter, anchored her own show and, in 2012, became the first woman to moderate a presidential debate in twenty years.

Not listening to the discouraging advice and deciding to pursue her goals landed Crowley where she is today.

“The worst thing you can do is not follow where you really want to go,” Crowley said. She also said to be so good at what you do that you cannot be ignored.

Crowley began her journalism career as a newsroom assistant for WASH-FM, a radio station in Washington, D.C.

She was a general assignment and White House correspondent for the Associated Press and then a general assignment correspondent for NBC’s Washington bureau.

As chief political correspondent for CNN, she anchors State of the Union with Candy Crowley and covers stories on presidential, congressional and gubernatorial elections.

At the Student Government Association’s lecture on March 26, Crowley spoke to an audience of about 100 people, most of

which were older members of the public who admired her show and work. Few students attended the event.

Crowley talked about journalists’ responsibilities and the dangers of the Internet.

She advised students to be sure that jour-



ALEXI CARDONA/THE BEACON

Candy Crowley, CNN’s chief political correspondent, visited the Biscayne Bay Campus on Wednesday, March 26 as part of the Student Government Association’s lecture series.

nalism is what they want to do, since it is a “passion career,” and it requires a lot from journalists and their families.

In today’s rapidly evolving media landscape, Crowley said it is a journalist’s job to find new ways to engage audiences and make them care about important issues.

There is no substitute for talking to people, listening to their stories and making an effort to understand people and their experiences, she said.

Crowley is concerned that the Internet gives people a sense of faux-intimacy and the idea that we can know people based solely on what they post on the Web.

The Internet also gives people the ability to customize their news and filter information to which they do not want to be exposed.

“You don’t want your inner voice challenged,” she said. “You don’t go any place where the news upsets you, where someone disagrees with you. We go where we can listen to ourselves think.” This cherry-picking of information is another concern.

Crowley made it clear that she is not anti-Internet, but that it is a tool that is mastering us when we need to be mastering it.

“Use the internet,” she told the audience, “but don’t mistake it for life. It’s virtual for a reason.”

-alexi.cardona@fiusm.com